

Perinatal and Women's Mental Health Fellowship

We are pleased to announce that we are recruiting two psychiatrists seeking advanced training in women's mental health with a focus on perinatal mental health & reproductive psychiatry for a one year clinical fellowship beginning July/August 2021 with an optional second year for those interested in research.

Fellows will receive in-depth exposure to and training in:

- Menstrual-related mood or anxiety symptoms
- Preconception medication counseling
- Management of psychotropic medications during infertility treatments
- Treating Depression, Bipolar Disorder, and Anxiety in Pregnancy, Postpartum and Perimenopause
- Medication Management During Breastfeeding
- Traumatic birth
- Trauma-based disorders
- Mother and Infant Attachment
- Behavioral Activation Psychotherapy
- Light/therapy Circadian Rhythms Intervention
- Acceptance and Commitment Therapy

Men and Fathers Clinic – Fellows also have the option to see patients in the comprehensive care clinic for men and fathers with mood and anxiety disorders related to the birth of a child or trauma related to childbirth of a partner.

Clinical Training Sites - Fellows train in a women's outpatient clinic in the Asher Center for the Study and Treatment of Depressive Disorders as well as a collaborative care obstetrical clinic which has an integrated outpatient psychiatry clinic in Prentice Hospital.

Based at the Asher Center for the Study of Depressive Disorders and Northwestern Medicine

The fellowship is housed within the Feinberg School of Medicine, Department of Psychiatry and Behavioral Sciences. Psychiatrists in the Asher Center work closely with Prentice Hospital –premier women's hospital in the Midwest; the largest birthing center in Illinois; offering an extensive range of medical services and specialized care for women.

Application Eligibility & Requirements:

- Complete an ACGME-accredited psychiatry residency program prior to the anticipated start date of the fellowship program
- Candidate must be board-certified or board eligible in general psychiatry
- Candidate should have strong clinical background with experience in the diagnosis and treatment of acute and chronic mental disorders.

Please send a Personal Statement – (one page maximum) describing your interests in perinatal and women's mental health, achievements, and career goals (optional – include interests/goals in research), curriculum vitae and two (2) letters of recommendation including (to be emailed directly by the writer). Admissions are rolling until the fellowship spots are filled. Please send documents by email to: Barbara Sutcliffe, Program Assistant b-sutcliffe@northwestern.edu