Marce' of North America Newsletter

FEBRUARY 2022





WELCOME TO OUR NEW MEMBERS for 2022!

TRAINEE MEMBERS:

Molly Arnold

Clinical Psychology Student University of Rochester

Megan Cleary, DO, MA

Psychiatry Resident, PGY2 The University of Kansas

Sarah Haugen

Viterbo University

Mariann Howland

Doctoral student Institute of Child Development University of Minnesota

Elizabeth Hur, MD

Fellow
LAC+USC Medical Center

Elena Jordan, MD

Resident psychiatrist USC

Jacquelyn Knapp, MD

Psychiatry resident
Oregon Health & Science University

Tolu Odebunmi MD, PhD

Resident physician University of Minnesota

Madison Pomerantz, MD

psychiatry resident
Brown University/Butler Hospital

Megan Shedd MD, MPH

Psychiatry Resident
The University of New Mexico

Neisha Voight MD

Psychiatry Resident - PGY-4
Columbia University Irving Medical Center
New York State Psychiatric Institute

Vanessa Vandergaag

Masters of Counselling student Athabasca University

Alexandra Yoon, MD

Psychiatry resident George Washington University

PROFESSIONAL MEMBERS:

Tracy Alldred, MD

Psychiatrist

Joseph Brant Hospital Ontario, CAN

Pam Barnes-Palty, PsyD

Psychologist Phoenix, AZ

Nina Ballone MD

Psychiatrist Inova Fairfax Hospital

Barbara Byers MD, MPH

Psychiatrist Capital Mental Health

Dylan Kathol, MD

Psychiatrist North Side Psychiatry

Laura Mayer, MD

Reproductive Psychiatrist Brown University

Megan Mueller, MD

Psychiatrist Central Arkansas Veterans Health System

Heather O'Brien PsyD

Psychologist Swedish Healthcare

Danielle Schuman-Olivier PMHNP, CNM

Mental Health Nurse Practitioner/Psychotherapist
Mt. Auburn Hospital

Alpa Shah, MD

Psychiatrist, Director Perinatal Mental Health Clinic Marshfield Clinic Health System



MEMBER OF THE MONTH: MONA Secretary Amanda Yeaton-Massey

1. What is your current professional role?

I am an Assistant Professor of Maternal-Fetal Medicine at UCSF in the Department of Obstetrics, Gynecology & Reproductive Sciences and Medical Director of Perinatal Mental Health. In my outpatient clinical role, I provide consultation and longitudinal pregnancy care for people with complicated ("high-risk") pregnancies. I also see patients in our ultrasound unit, where I perform prenatal ultrasound and diagnostic procedures. In my inpatient clinical role, I care for patients admitted with pregnancy complications to our antepartum unit at the UCSF Mission Bay Birth Center. In my administrative role, I co-direct our embedded perinatal mental health services including "CORP", our collaborative care program.

2. What drew you to the field of Perinatal Mental Health?

My own experience with perinatal depression, and the realization that I was ill-equipped to help myself or my patients. This is a story I wrote for ACOG in 2017 that I will share here:

When my daughter was born, she was unexpectedly admitted to the neonatal intensive care unit for hypoxic-ischemic encephalopathy. I watched as she underwent cooling, and I was heartbroken but determined to be strong for her.

In order to survive, I shut everyone out. I told myself it would all be okay once we got her home, but it wasn't. My mood spiraled. I cried most of the day and worried about everything. I tried desperately to breastfeed, but she wouldn't latch. My milk never came in. I supplemented with formula but still pumped ten times a day. I didn't sleep because she didn't sleep. I went through the motions, changing diapers, burping, feeding and rocking her. I looked at her beautiful face and couldn't understand why I wasn't happy.

I hit my low at six weeks postpartum. Standing in a dark room, unshowered, covered in tears and spit up, I called my wife to say I needed help. My family rallied around me. I went to therapy and started taking medication. I made peace with the fact that I would be unable to breastfeed. I found a friend to confide in who had also struggled with postpartum depression. All of this helped me slowly feel like myself again. Now, back at work, I can help my patients with their own postpartum struggles in a way I never could before.

3. What is your current research involvement?

I am privileged to be working with the original NCRP faculty to adapt the NCRP curriculum for Ob-Gyn trainees (NCRPxOB). The NCRPxOB is a digital mental health toolkit for Ob-Gyn providers, including core competencies and key topics in perinatal mental health for frontline providers. You can learn more about the original NCRP here and read

our "call to action" <u>here</u> about why this effort to improve perinatal mental health education for Ob-Gyn providers is essential.

4. What does a typical work day look like for you-including before and after work?

My work days vary greatly, but always start with a strong cup of pour-over Peet's coffee and packing lunches for my kids. Sometimes I leave for the hospital before everyone else is up, sometimes I work from home and have to mute myself so patients don't hear the kids yelling and the dog barking. After work we have dinner, play time, 30 minutes of screens for the kids (I am pretty sure they live for this), and then bath and bed. Once the kids are finally asleep, my wife and I will watch a show or I read while she plays video games.

5. What are you most excited about in your current work? My work with NCRPxOB to advance perinatal mental health education and teaching this content to our Ob-Gyn residents and Maternal-Fetal Medicine fellows at UCSE.

6. What's one of the most important things you've learned from a mentor or role model?

That the mentor-mentee relationship is a two-way street and requires effort from both parties to flourish - you get back what you put in.

7. What are your favorite things to do outside of work?

Reading, family time, and yoga! I read about a book a week (pro-tip: you can use your library card to check out digital books) and especially love mysteries with a strong female protagonist or a supernatural twist. Since I work full time, weekends are when I can enjoy time with the kids - going to the park, the farmer's market (they go for the cookies) and reading together are favorites. I have a Vinyasa yoga practice, and thankfully got back to the studio after a long pandemic hiatus.

8. What is the most interesting book, podcast, TV series, or movie you've encountered in the past year?

I recently finished Eric Garcia's "We're Not Broken: Changing the Autism Conversation". Garcia describes his book as "...a message from autistic people to their parents, friends, teachers, coworkers and doctors showing what life is like on the spectrum. It's also my love letter to autistic people. For too long, we have been forced to navigate a world where all the road signs are written in another language." As the mom of an autistic son, I deeply appreciated Garcia's clear message to center the voices of autistic people, and move away from labelling people as "high functioning" and "low functioning" and move towards talking about what support needs they have. It is an eye-opening and enjoyable read that I highly recommend.

2022 Membership Renewals

The 2022 Marce' of North America (MONA) Membership categories are now available here at https://marcenortham.com/renew and includes a Silver Level International Marcé Society membership. All previous memberships have expired as of January 15th unless you purchased a two year membership last year. We give a grace period until March with regards to renewing and listserv and newsletter access.

You can find out the status of your membership by logging in at https://marcenortham.com/ or emailing marce@meetingachievements.com

There are one and two year membership options available for our members in the US, Canada, and Mexico! The two year memberships include a 10 percent discount!

BENEFITS OF MONA MEMBERSHIP

- Discount on the MONA conference
- Free access to MONA webinars
- Listserv Access (including expert discussion on clinical challenges, posts about new programs and research studies and employment opportunities)
- Access to the online membership portal (including webinar videos, papers of the month, and other exclusive info)
- Access to special interest groups https://marcesociety.com/special-interest-groups/
- Monthly Newsletter with privileges to share announcements
- Silver Level Membership to The International Marcé Society all members of MONA automatically become Silver Level members of the global organization.
 - The cost to upgrade to "MONA Diamond" is \$150 USD and the cost to upgrade to "MONA Gold" is \$100 USD.
 - GOLD -includes a complimentary one year subscription to the AWMH
 - DIAMOND –includes a complimentary one year subscription to the Archives of Women's
 Mental Health (AWMH), the official journal of the International Marcé Society, and
 recognition as a Diamond member in the Marcé newsletters and at the Biennial Congress
 - The International Marcé Society consists of a general International group, as well as Regional Groups which act as branches of the Society. Regional Groups provide the opportunity for members to collaborate, share information, and build relationships with colleagues who are closer geographically or who share a common language. MONA is the Regional Group of the International Marcé representing North America (the USA, Canada, and Mexico). To learn more about other Regional Groups of the Society, please visit https://marcesociety.com/regional-groups/regional-group-map/

Please Contact Megan Mack for International Marcé Society membership upgrades: <u>mmack@parthenonmgmt.com</u>

RENEW YOUR 2022 MEMBERSHIP HERE

if you have any questions about your membership status please email marce@meetingachievements.com

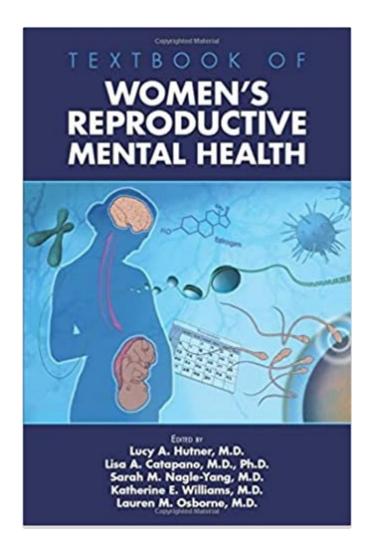


MARCE INTERNATIONAL: SPECIAL INTEREST GROUPS

As members of the International Marcé Society, all MONA members are eligible to participate in Special Interest Groups. Current groups are:

- Fathers
- Pregnancy Loss and Newborn Death
- Prevention of Perinatal Mental Health Disorders
- Reproductive Mental Health Forensics

We are also beginning a SIG about LGBTQ issues and will provide updates in early 2022. We've received lots of great feedback that the SIGs are a very meaningful way to connect with our international perinatal mental health community. If you would like to contact the Chairs of the SIGs, please email the International Marcé Society Executive Office at lmiller@parthenonmgmt.com



Textbook of Women's Reproductive Mental Health

Hello colleagues,

We are delighted to let you know about a new comprehensive medical textbook in reproductive psychiatry, the *Textbook of Women's Reproductive Mental Health*, which has now been published by the American Psychiatric Association. At nearly 800 pages, with 80 authors and over 30 institutions represented, it is most comprehensive text for understanding, diagnosing, and supporting the unique mental health needs of women and others who undergo female reproductive transitions during their entire reproductive life cycle. We are so thrilled that this project is now complete and out in the world.

As you may know, this textbook grew out of the National Curriculum in Reproductive Psychiatry (NCRP; www.ncrptraining.org), which is officially part of the the Education Committee of MONA. Thanks to MONA for its ongoing support!

The book comes as both a print edition and an ebook. It is currently available for <u>sale</u> at the American Psychiatric Association publishing website and is also available from retailers such as Amazon.

We hope you have as much fun reading it as much as we had writing it!

All best, Lucy Hutner MD Lisa Catapano, MD, PhD Sarah Nagle-Yang, MD



Reproductive Psychiatry Interest Group

@Repro_psych

Hello all! I'm Amanda Koire (PGY2 in Psychiatry at Brigham and Women's Hospital) and I have enjoyed being a part of MONA for the past year.

Reid Mergler, a PGY3 from Tufts who is also a MONA member, and I have started a national interest group of residents and trainees interested in women's mental health that so far has >200 members. Our plan for 2022 is to host monthly speakers and journal clubs on topics including PMDD, perinatal psych medication management, postpartum psychosis, menopausal transition, and careers in reproductive psychiatry.

This group is full of amazing and knowledgeable specialists— if you are willing to give a lecture or be a panelist on any of these topics (or others!) to a large audience of excited trainees, please let us know! Faculty link: https://forms.gle/1NnP4zrRr9PXWHZS8

If you're a trainee in this group, please let us know if you'd be interested in hearing more about our events/joining the group!

Trainee link: https://forms.gle/9tKt3TEHKwxE2ifA9

Follow us on twitter here @Repro_psych

Sincerely,
Amanda Koire, M.D., Ph.D.
Psychiatry, PGY-2
Brigham and Women's Hospital x39960



FEBRUARY 2022 Paper of the Month

MONA PAPER OF THE MONTH

Overview by: Kimberly Evans, MD; PGY-3 at TIGMER Psychiatry Residency Program, San Antonio, TX.

Kolding, L., Ehrenstein, V., Pedersen, L., Sandager, P., Petersen, O. B., Uldbjerg, N., & Pedersen, L. H. (2021). Associations Between ADHD Medication Use in Pregnancy and Severe Malformations Based on Prenatal and Postnatal Diagnoses: A Danish Registry-Based Study. *The Journal of clinical psychiatry*, 82(1), 20m13458.

https://doi.org/10.4088/JCP.20m13458

The Problem: There are very few articles that look at the safety of ADHD medications during pregnancy. At the same time, use of ADHD medications is rising in pregnancy. Much of the data used to make recommendations to patients looks at non-medical use of stimulants such as cocaine and methamphetamine. There have been a few meta-analyses that showed no association with exposure to any particular ADHD medication, however did demonstrate possible increased risk of some cardiac malformations. Authors of this paper wanted to include an analysis of severe teratogenic effects that may have been missed in previous articles due to only focusing on live births.

The Study: This study is a nationwide registry-based observational study of 364,012 singleton pregnancies in Denmark from Nov 1, 2007 to Feb 1, 2014 with a live fetus at 11 gestational weeks. The authors used the Danish Health Services Prescription Database, Danish Fetal Medicine Database, and Danish National Patient Registry. This study compared pregnancies with 1st trimester exposure (1+ redeemed prescriptions from 28 days before to 70 days after conception) to unexposed pregnancies (no ADHD meds from 28 days before to 70 days after conception). Pregnancies with chromosomal anomalies were excluded. The primary outcome was major malformations overall. The secondary outcome was malformations of CNS and cardiac malformations. Severe Cardiac Malformations (SCM) were defined as concurrent diagnoses of cardiac malformation with miscarriage, termination, stillbirth, postnatal death, or cardiac surgery within 1 year of birth. The 3 medications for ADHD examined in this study were methylphenidate, atomoxetine, and modafinil.

The Findings: This study showed a 5-fold increase in 1st trimester exposure over the course of the study (0.05% in 2008 to 0.27% in 2013) with 473 instances out of 569 being methylphenidate. The study found that termination after 11 weeks for any reason had a prevalence of 9.8% among exposed pregnancies versus 2.6% in unexposed pregnancies. The majority of these terminations were not due to fetal issues. The exposed group was found to be younger,

more likely to smoke, and more likely to take other psychotropics. Analysis was done on the raw data and then run again while controlling for these differences. Methylphenidate adjusted prevalence ratios (PRs) were 1.04 (95% confidence interval [CI], 0.70-1.55) for malformations overall and 1.65 (95% CI, 0.89-3.05) for any cardiac malformations, with septal defects in 10 out of 12 cases. The PR for ventricular septal defect was 2.74 (95% CI, 1.03-7.28) and for SCM, 2.59 (95% CI, 0.98-6.90).

Comments: This study is consistent with findings in previous studies that ADHD medications do not appear to be associated with increased risk of all malformations. Methylphenidate was associated with statistically significant increases in septal defects. This study looked exclusively at the Danish population and only included the medications methylphenidate, atomoxetine, and modafinil. The study also acknowledged that there may be some confounding variables. They cited another study that showed higher rates of spontaneous abortion and pre-term birth during pregnancies in people with ADHD who were unmedicated. This study will add to the growing information about the safety profile of ADHD medications. Further studies are needed to evaluate the risks of untreated ADHD vs treated ADHD during pregnancy, as well as more information to compare the safety of other ADHD medications.





Career Opportunity Partum Health

Digital health start-up <u>Partum Health</u> is looking for mental health providers who have expertise in supporting partners, and fathers in particular, in transitions to and through parenthood. Partum was founded with the goal of providing evidence-based whole person care for young families, including mental health support for parents and parents-to-be. The company is currently seeking clinicians licensed in IL but happy to speak with interested providers in other geographies for future opportunities. Anyone interested in learning more can reach out to the founders, Meghan Doyle and Matt Rogers, at team@partumhealth.com.

https://www.partumhealth.com

Beth Israel Deaconess Medical Center



Women's Mental Health @ Beth Israel Deaconess Medical Center Boston

WOMEN'S MENTAL HEALTH POSITION

This is a part time position in the ambulatory setting which involves joining an expanding women's mental health service. The service focuses on women in the peripartum period, but addresses aspects of women's mental health throughout the lifecycle. Responsibilities include clinical care and teaching as well as contributing to program development and scholarly work. This position may be combined with other opportunities on our ambulatory service, providing psychiatric evaluations and ongoing treatment in our general psychiatry clinic located within the medical center, or on our consultation-liaison service, providing consultation, teaching, and supervision on our inpatient medical-surgical floors and in our Emergency Department.

Beth Israel Deaconess Medical Center in Boston, is a 650+ bed tertiary care teaching hospital of Harvard Medical School. The Department of Psychiatry is a major teaching site for Harvard Medical School and the BIDMC Harvard Psychiatry Residency Training Program, and the position includes opportunities for teaching medical students and residents and for faculty development. The candidate will be eligible for a Harvard Medical School appointment at the rank of instructor, assistant, or associate professor, commensurate with the level of accomplishment and dependent upon fulfilling teaching requirements.

Applications are made online at www.hmfphysicians.org/careers. Please respond to requisition #210408. We are an equal opportunity employer and all qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability status, protected veteran status, gender identity, sexual orientation, pregnancy and pregnancy-related conditions or any other characteristic protected by law.



SEEKING: FULL TIME PERINATAL PSYCHIATRIST

Good afternoon,

The Department of Psychiatry at the <u>Zucker Hillside Hospital</u>, <u>Northwell Health</u> is seeking a full-time perinatal psychiatrist to lead our outpatient <u>Perinatal Psychiatry Center</u>. Completion of advanced training in perinatal (reproductive) psychiatry and/or women's mental health is preferred.

The Perinatal Psychiatry Center is a growing specialty Center of Excellence at Zucker Hillside Hospital that articulates closely with our 22-bed inpatient psychiatry Women's Unit with perinatal cluster; with the Department of OB-GYN which delivers more than 37,000 babies annually (1% of all national births); with Northwell's Katz Institute for Women's Health; and with an NIH-supported perinatal psychiatry/women's behavioral health research program. Furthermore, the Center works closely with emerging behavioral health collaborative care programs being integrated into Northwell's extensive array of OB-GYN group practices.

The candidate should possess exceptional clinical and interpersonal skills with a strong interest in working with the perinatal population and supervising and training medical students, adult <u>psychiatry</u> <u>residents</u> and <u>consultation/liaison psychiatry fellows</u> participating in a specialized women's/perinatal track. This physician leader will work closely with the Director of Women's Behavioral Health and other Departmental leaders to execute strategic planning in women's behavioral health.

The Zucker Hillside Hospital is located in Glen Oaks, approximately 15 miles east of Manhattan on the border of Nassau and Queens Counties. *Northwell Health* is New York State's largest health care provider and private employer (with 77,000+ employees, 23 hospitals and 830 outpatient facilities). It is the 5th largest non-profit health system in the U.S. and ranked 19th on Fortune's 100 Best Companies to Work For list.

Please see the attached PDF for position description and don't hesitate to reach out with any questions regarding the position or our growing Division.

Sincerely,

Kristina

Kristina M. Deligiannidis, M.D.

Director, Women's Behavioral Health, Zucker Hillside Hospital, Northwell Health

Associate Professor of Psychiatry and Obstetrics & Gynecology, Zucker School of Medicine at Hofstra/Northwell
Associate Professor, Feinstein Institutes for Medical Research Steering Committee, Katz Institute for Women's Health Glen Oaks, NY 11004 (office) 718-470-8184 https://feinstein.northwell.edu/institutes-researchers/our-researchers/kristina-m-deligiannidis-md



Center Lead Perinatal Psychiatrist Recruitment in NY 011022.pdf

♣ Download

MMHLA HIRING for Full Time Policy Director

Hi everyone,

Maternal Mental Health Leadership Alliance (MMHLA) is seeking a full-time policy director to lead our federal policy agenda. This individual will be the primary point of contact with Congress, federal agencies, and national coalitions.

More information is available <u>HERE</u>, including a position description.

Please feel free to share widely!

--

Adrienne Griffen

Executive Director, Maternal Mental Health Leadership Alliance agriffen@mmhla.org | 571-643-2738 | www.mmhla.org





Perinatal OCD Intensive Outpatient Program

The Perinatal OCD Intensive Outpatient Program serves pregnant and postpartum adults with obsessive-compulsive disorder (OCD), health anxiety, social anxiety, panic disorder, and phobias (intense, specific fears).

Treatment consists of exposure and response prevention (ERP), which is based on cognitive-behavior therapy (CBT), delivered in a group format.

The Women and Infants Hospital of Rhode Island is offering Individual, family, and group sessions. For more information on this targeted perinatal OCD program see the contact information below or our new brochure LINKED BELOW.

Women & Infants Hospital of Rhode Island

Center for Women's Behavioral Health 101 Dudley St. Providence, RI 02905 P: (401) 453-7955

Email: BHDHdesk@wihri.org

Fax: (401) 276-7873



PerinatalOCDIOP_RackCard_Proof3.pdf



CLICK TO LEARN MORE

CLICK TO LEARN MORE ABOUT PERINATAL OCD INTENSIVE OUTPATIENT PROGRAM



MONA LISTSERV

Hello Members!

As a reminder you are encouraged to use the MONA Listserv for professional advice, referrals, trainings, announcements and important topics that you would like to share with the Marce of North America Community. You must be a member to post on the Listserv with your email registered. Once you send something to the listserv it is always held for review and approve before it is posted. You will be added to the listserv after enrolling for membership. Youwill have to confirm via email and opt in. Please Email MONA@simplelists.com to send a message to the Listserv.



DO YOU HAVE SOMETHING TO SHARE?

Please email job postings, fellowships, awards, publications, members in the media, advocacy news, etc to Marce@meetingachievements.com for future newsletters, we would LOVE to hear from you!

Please send all content by Friday, February 25th for the MARCH 2022 newsletter!

CALL OUT FOR INFORMATION: SOCIAL MEDIA ENGAGEMENT

MONA seeks to increase engagement with our membership on social media. We would like to start by highlighting the research that many of you are doing to impact parental mental health as well as connect MONA members with similar research interests.

If you are doing research and open to engaging with MONA including being tagged on posts and sharing your work, please provide us your name, IG handle, and any active research projects in the link below.

Thanks to all who are already following and engaging with us on social media! Also, if you're not involved in research and want to share your IG handle, please do!



MONA Members I...

docs.google.com

Alinne Barrera, PhD Professor, Palo Alto University mamababy_lab Digital adaptations of the Mothers and Babies Course and other digital resources for preventing PPD; depression interventions for Spanish-speaking and BIPOC perinatal persons. I am currently recruiting English/Spanish-speaking perinatal persons in the US to particiapte in a text messaging adaptation of the Mothers and Babies Course, a prevention of PPD intervention recently recognized by the USPSTF.



RESEARCH STUDY OPPORTUNITY

In collaboration with colleagues at SUNY Downstate, our team at Lifeline for Moms is pleased to share an opportunity for obstetric caregivers to participate in a PCORI-funded research study.

The study aims to understand the barriers and facilitators to identifying, assessing, and treating perinatal mood and anxiety disorders amidst the pandemic and ongoing health inequities. We are seeking obstetric physicians (attendings, fellows, and residents), midwives, nurse practitioners, physician assistants, and doulas to participate in this study. The specific focus is understanding what obstetric caregivers perceive as barriers and facilitators to mental health care in the context of the pandemic and health inequities.

Study participation involves completion of both a semi-structured interview and brief survey by telephone that will take approximately one hour. A \$40 gift card is provided to participants in gratitude for their time.

If you are interested in participating in the study, please click this link: <u>Evaluating Lifeline for Moms</u> (<u>ELM</u>) <u>study.</u> Please also forward this opportunity to others.

Thank you!

Best,

Nancy

Nancy Byatt, DO, MS, MBA, FACLP (she, her, hers)

Executive Director, Lifeline for Families Center & Lifeline for Moms Program

Professor of Psychiatry, Obstetrics & Gynecology and Population & Quantitative Health Sciences

Medical Director, MCPAP for Moms

Lifeline for Families Center

Department of Psychiatry

UMass Chan Medical School / UMass Memorial Health

222 Maple Ave - Chang Building

Shrewsbury, MA 01545

ph: (508) 856-5812 fax: (508) 856-6805

email: nancy.byatt@umassmemorial.org

faculty page: https://profiles.umassmed.edu/display/133369/

CFW Reproductive Justice Champions Application is Open - Due February 28

Hello,

I wanted to let you know about a new funding opportunity. CFW has just launched our Reproductive Justice Champions cohort. Through grant making and programming (training, convening and capacity building) Chicago Foundation for Women (CFW) will support a network of WOC-led non-profits and leaders who will fight to reduce racial health disparities in Chicagoland, strengthening a movement that will fight for Reproductive Justice in the region and beyond.

For the Reproductive Justice Champions Cycle, CFW is interested Women of Color-led organization that include advocacy and interventions that address reproductive health access, black maternal mortality, comprehensive sexual health education, access to contraception and environmental justice that uses a reproductive justice framework.

To access the application and CFW online grant portal click <u>here</u>. **Due date for the Reproductive Justice Champions is February 28.**

You can find the full 2022 Reproductive Justice Champion Cycle guidelines here.

Lora

Lora York

Senior Program Officer

Pronouns: she/her/hers

Join us in making an equitable SHEcovery™ a reality.

Learn more at [www.shecovery.com]www.shecovery.com

chicago foundation for women

140 south dearborn st., suite 400 chicago, il 60603 312.577.2814

MMHLA Newsletters Sign Up

MMHLA NEWSLETTERS. Here is a <u>LINK</u> to MMHLA's most recent newsletter about Maternal Mental Health: Black Women and Birthing People. At the end of the newsletter is an opportunity to sign up -- I invite you to do join. I promise not to fill your inboxes: MMHLA sends a monthly newsletter and periodic special newsletters such as this one.

Thank you!

--

Adrienne Griffen

Executive Director, Maternal Mental Health Leadership Alliance agriffen@mmhla.org | 571-643-2738 | www.mmhla.org







NASPOG CONFERENCE: April 22-24th, 2022

Registration link https://naspog.org/Registration-2022

2022 Biennial Meeting

No Woman Forgotten: Science and Equitable Health Care for Women across the Life Span April 22-24, 2022

University of Michigan in Ann Arbor, Michigan

https://naspog.org/Biennial-Meeting

The mission of NASPOG is to promote the study and clinical application of the neurobiological and psychosocial aspects of women's health and well-being across the life span. NASPOG conducts a biennial meeting as a forum for scientific and clinical discussion with oral presentations, poster sessions, symposia, roundtable discussions and invited speakers. NASPOG's members comprise a wide range of professionals and trainees from obstetrics and gynecology, psychiatry, psychology, behavioral science, public policy, sociology, nursing, social work, public health, and law.

This year's conference, *No Woman Forgotten: Science and Equitable Health Care for Women across the Life Span*, will be held in-person at the University of Michigan in Ann Arbor MI. The meeting offers an opportunity for practitioners and scientists working in the field of women's reproductive health to come together to exchange their scientific and applied work and share a forum for discussion on how in today's world—challenged by parallel pandemics of COVID-19, racism, gender-based violence and mental health crisis—we can most effectively support women across the life cycle in wellbeing and equitable access to care.



2022 MARCE' INTERNATIONAL CONFERENCE



