# Marce' of North America Newsletter

FEBRUARY 2024



# MONA Podcast Studying Perinatal Well-being

Sheehan D. Fisher, PhD

https://www.buzzsprout.com/2221370/14411317

Increasing diversity, equity, and inclusion in perinatal mental health care and research requires a conscious effort at all professional levels. Join us this month to learn why diversity, equity, and inclusion are needed now. Listen to how Dr. Fisher's research and administrative activities address critical gaps in perinatal mental health research and care.

Dr. Fisher is an Associate Professor and perinatal clinical psychologist at Northwestern University, Feinberg School of Medicine, and Associate Dean for Diversity and Inclusion at The Graduate School. His research focuses on the effects of perinatal and subsequent parental mental health on infant/child health outcomes, with a specialization in the emerging field of father mental health. He



aims to reconceptualize parental mental health research to integrally involve fathers to differentiate parents' impact on a child's medical and mental health. Dr. Fisher's research dovetails with his perinatal clinical practice, including being the clinical director of the Fathers' Mental Health Specialty Clinic. He also chairs the International Marcé Society's Fathers Special Interest Group and the MONA Taskforce for Spanish-speaking countries. His research aims to optimize the health and effectiveness of the parental team to influence the child's health trajectory starting in pregnancy positively.

### **MONA Membership**

As we embark on another year filled with opportunities, growth, and shared experiences, we want to express our deepest gratitude to our MONA members for the continued support. Your commitment has been instrumental in shaping the success and vibrancy of our society. With that, we want to inform all members of an important update in the handling of membership dues. Beginning in January 2024, MONA membership fees are now being paid via Marcé International, as MONA is a regional group of Marcé. Any active memberships have been transitioned over to Marcé International. All membership fee transactions, renewals, and related financial matters will be handled through Marcé International. If you need any assistance joining, renewing, or checking on the status of your membership, please contact Marcé International at info@marcesociety.com.



#### Registration | The International Marce Society for Perinatal Mental Health

Joining a Regional Group vs. International Group The International Marcé Society for Perinatal Mental Health consists of a central International organization and individual Regional Groups which act as branches of the Society. The Society supports and encourages Regional Groups so that colleagues who are closer geographically or who share a common language can collaborate, communicate, and build relationships.

☑ marcesociety.com



## The International Marcé Society

## for Perinatal Mental Health

#### Renew your Membership | The International Marce Society for Perinatal Mental Health

Your Membership Makes a Difference The Society welcomes members from across the globe with the aim to grow and sustain the international perinatal mental health community to promote research and high quality clinical care around the world. We invite you to renew your membership at the level that best reflects your needs.

☑ marcesociety.com

## Member of the Month



Wesley White, MD Resident Physician PGY-3

- 1. What is your current professional role?
  I am a psychiatry resident at the University of Arkansas for Medical Sciences, currently in my PGY-3 year.
- 2. What drew you to the field of Perinatal Mental Health?

  During our intern year, we do a six week rotation on our women's inpatient psychiatric unit which was where I first became interested in the field. I realized this was the area I wanted to pursue after a particularly meaningful interaction with a peripartum patient with an opioid use disorder when I was on nights. These

clinical encounters, along with some excellent mentorship from our Women's Mental Health faculty have helped solidify my passion over the last two years.

3. What is your current research involvement?

I am part of our residency's academic track, meaning I get 1.5 days a week of protected time for research. I am currently working with faculty in our college of public health looking at the way perinatal substance use impacts postpartum readmissions.

- 4. What does a typical work day look like for you-including before and after work? Our PGY-3 year consists entirely of longitudinal outpatient clinics, so my time is divided between the university clinic, community mental health center, and research. Outside of work I am probably hanging out with friends, cooking or running.
- 5. What are you most excited about in your current work?

  The number of collaborative projects I am currently a part of. Working with a team has become one of my favorite parts of research. Working with members of other departments or colleges always teaches me a ton and makes the project much more enjoyable.

- 6. What's one of the most important things you've learned from a mentor or role model? The inevitability that you will have feelings, either positive or negative, about any given patient interaction, but the important thing is to acknowledge the feelings, then put them aside so that it does not affect your ability to provide care.
- 7. What are your favorite things to do outside of work?
  Hanging out with my wife and our 2 dogs, running, and traveling. I think having a trip on the horizon always helps mitigate stress and keeps me motivated.
- 8. What is the most interesting book, podcast, TV series, or movie you've encountered in the past year?

Rogues by Patrick Radden Keefe. He does a great job of writing bite sized pieces of investigative journalism on a variety of topics. The change in subjects creates a captivating collection that I had a hard time putting down.

## **Faculty Positions & Job Postings**

**Apply - Interfolio** 

☑ apply.interfolio.com

**Apply - Interfolio** 

☑ apply.interfolio.com



#### **Reproductive Psychiatrist or Psychiatric Nurse Practitioner**

Click the link provided to see the complete job description.

☑ cu.taleo.net

#### **Apply - Interfolio**

☑ apply.interfolio.com

#### **External Portal | OHSU**

Oregon Health & Science University is dedicated to improving the health and quality of life for all Oregonians through excellence, innovation and leadership in health care, education and research.

☑ externalcareers-ohsu.icims.com

## Clinical-Research Fellowship Women's College Hospital, University of Toronto.pd f

Clinical-Research Fellowship Opportunity (1-2 years) in Reproductive Psychiatry at Women's College Hospital, University of Toronto

#### Download

214.0 KB

#### **Psychiatric Nurse Practitioner at PROMISE.pdf**

Part-time Psychiatric Nurse Practitioner with PROMISE

#### Download

41.5 KB



#### Clinical Psychology Director, Women's Behavioral Health Program - Pittsburgh, PA

The Allegheny Health Network (AHN), Behavioral Health Institute is seeking a full-time Women's Behavioral Health Psychologist join and lead a multidisciplinary team offering a dynamic array of services: individual outpatient treatment for perinatal mood and anxiety disorders, a mother-baby intensive outpatient program, a mothers of color group, a Cognitive...

☑ careers.highmarkhealth.org

#### **Women's Behavioral Health Psychiatrist**

Company: Allegheny Health Network Job Description: The Allegheny Health Network (AHN), Behavioral Health Institute is seeking a full-time Women's Behavioral Health Psychiatrist to provide psychiatric services. The Behavioral Health Institute is rapidly growing and seeking motivated individuals who want to be at the forefront of psychiatric care.

☐ highmarkhealth.wd1.myworkdayjobs.com

## Marce of North America (MONA) and Marce International LISTSERV

Hello Members!

As a reminder you are encouraged to use the MONA Listserv for professional advice, referrals, trainings, announcements and important topics that you would like to share with the Marce of North America Community.

You must be a member to post on the Listserv with your email registered. Once you send something to the listserv it is always held for review and approve before it is posted. You will be added to the listserv after enrolling for membership. You will have to confirm via email and opt in.

Please Email MONA@simplelists.com to send a message to the Marce of North America Listserv.

**International Marce Society Discussion List** 

To post to this list, send your message to: discussion@lsrv.marcesociety.com

### Do you have something to share?

Please email job postings, fellowships, awards, publications, members in the media, advocacy news, etc to <a href="Marce@meetingachievements.com">Marce@meetingachievements.com</a> for future newsletters, we would LOVE to hear from you!



#### Marce of North America

The Marcé Society of North America is committed to the advancement of Clinical Care, Research, Advocacy, and Education.

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