

Marce of North America Newsletter

JULY 2021



Marcé
of North America

Promoting Perinatal Mental Health





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Sheehan Fisher PhD



Congratulations to our elected officers!



Alison Hermann MD

Thank you to all of our candidates!

We feel so proud to have this level of talent and field expertise amongst our candidates and want to thank you for your interest in the board. Please stay tuned for more information on our special election for the Diversity, Equity, and Inclusion Advisor and Community Representative.



THE FORGOTTEN PARENT: FATHER'S MENTAL HEALTH DURING PERIPARTUM

Thank you to our amazing speakers for putting on an informative webinar on Tuesday June 22nd on Fathers Mental Health! We want to thank our speakers Dr David Levine and MONA Members Dr. Daniel Singley and Dr Sheehan Fisher! In addition, please find additional information below on the Fathers Special Interest Group, led by Dr Sheehan Fisher.

Dr. Fisher is the chair of the Fathers Special Interest Group of the International Marcé Society for Perinatal Mental Health and are looking for more members interested in including fathers in their research and clinical practice. Below are some activities we have had over the past year.

- Presented a roundtable discussion at the virtual 2020 Biennial Conference of the International Marcé Society
- Submitted a paper for publication in a special edition the Archives of Women's Mental Health
- Created a listserv to communicate with colleagues interested in sharing information and advocating for fathers in the perinatal mental health space

We invite you to join the Fathers Special Interest Group by sending an email to Laura Miller (lmiller@parthenonmgmt.com) to indicate you want to be added our group for communications about fathers and perinatal mental health. If you are not already a member, please join MONA and the International Marcé Society so that you can participate and contribute to the listserv and our other initiatives.

Please find the resources below for Fathers Mental Health:

<https://marcenortham.com/fathers-mental-health-resources>

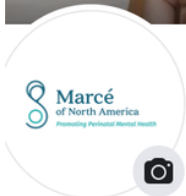


MARCE OF NORTH AMERICA (MONA) SOCIAL MEDIA UPDATES!

MONA leadership has been working on building our social media presence and we are excited to share that we recently launched an Instagram page (@marceofnorthamerica) and updated our Facebook account with new posts and content, please connect with us here:

<https://www.facebook.com/marcenortham>

Please visit the page, follow us, and stay tuned for updates on the conference, organization announcements, resources, and much more on perinatal and parental mental health.



Marce of North America

@marcenortham · Charity Organization

Edit Follow





Introducing the MONA member of the Month –Emily S Miller MD MPH

We are expanding our monthly newsletter to feature our members. This month we are learning more a current member and MONA Board of Director, Emily Miller MD MPH.

If you would like to nominate yourself or a fellow member for the Member of the Month, contact Deepika.goyal@sjsu.edu for more information!

We also would enjoy hearing your ideas for the newsletter or any other aspect of our Marcé of North America organization! Please send your ideas to Deepika.goyal@sjsu.edu

MEMBER OF THE MONTH QUESTIONS

1. What is your current professional role?

I am an Assistant Professor of Maternal Fetal Medicine at Northwestern University in Chicago.

2. What drew you to the field of Perinatal Mental Health

Working in obstetrics, it became quite clear to me that to optimize maternal health, we needed to include mental health. While there are some inspiring exceptions, the paucity of focus on mental health within the field of obstetrics was a noticeable gap during my training that I aspired to help fill.

3. What is your current research involvement?

I am a physician-scientist who spends most of my time performing clinical research. My research focuses on health services and implementation science to bridge the chasm between clinical need and quality of care delivered.

4. What does a typical workday look like for you - including before and after work?

The best thing about my work is that nothing is typical. My clinical footprint spans the breadth of MFM, including L&D, ultrasound, and office coverage. My research is multi-disciplinary and so I am lucky to learn beside broad teams with exposure to new expertise every week.

5. What are you most excited about in your current work?

I am most excited about the potential. There is so much that we can and must do better. Being able to identify and evaluate sustainable solutions to perinatal mental health care delivery is motivating.

6. What's one of the most important things you've learned from a mentor or role model? Collaboration is essential to improving science.

7. What are your favorite things to do outside of work?

I have two sons, ages 2 and 4. Watching them experience the world, with unabashed enthusiasm, reminds me to see the joy around me and to advocate for the changes needed for their futures.

8. What is the most interesting book, podcast, TV series, or movie you've encountered in the past year?

I have just started listening to Dr. Kemi Doll's "Your unapologetic career". Kemi was my co-resident and she is an absolutely incredible human, physician, surgeon, academic, researcher. Her ability to cut through the academic nonsense to help you stay inspired to reach your goals is visionary. This is a must-listen for anyone, but particularly junior faculty.



WELCOME TO OUR NEW MAY & JUNE MONA MEMBERS

New Trainees Members:

Meredith Fenton

Northwestern University

LaToya Frolov , MD, MPH

New York Presbyterian-Columbia and Weill Cornell

Jennifer Jewell MSPH

Colorado School of Public Health

Kristin Koberstein

University of Rochester Medical Center

Taber Lightbourne MD, MHS

University of Pennsylvania

Anna Matthews RN

University of North Carolina Chapel Hill

New Professional Members:

Rebecca Casey APRN

Dartmouth Hitchcock Medical Center

Kimberly D'Anna-Hernandez PhD

Marquette University

Allison Deutch MD

NYU Langone Health

Kevin Gruenberg PsyD

Love, Dad: Support for Fathers and Families

Constance Guille MD

Medical University of South Carolina

Beatriz Ibarra

Hospital Universitario Dr. Jose Eleuterio Gonzalez (Mexico)

Andie Insoft MSW

Newtown Wellesley Hospital

Patricia Kinser PhD, WHNP-BC, RN, FAAN

Virginia Commonwealth University School of Nursing

Aurora Rivendale MD

University of Cincinnati

Alexandra Sacks MD

Columbia Center for Psychoanalytic Training and Research

Rubiahna Vaughn MD, MPH

Montefiore Medical Center



ADVOCACY CORNER

The MONA BOD has voted in support of Midwives for Maximizing Optimal Maternity Services Act (H.R. 3352/S.1697). Please see the recent update from Midwives for MOMS below as well as the support letters attached.

Special thanks to Sonia Murdock who is leading all efforts on reviewing the potential acts/legislation that are proposed nationally to move perinatal mental health forward.



HoR Stakeholder support letter to MOMS Cosponsors.pdf

[Download](#)
99.5 KB



Senate Stakeholder support letter to MOMS Cosponsors.pdf

[Download](#)
98.5 KB



Reproductive Psychiatry position in Houston

Seeking interested psychiatrist candidates to join Baylor College of Medicine's, The Women's Place.

This is a reproductive psychiatry clinic uniquely positioned within the obstetrics and gynecology department at Texas Children's Hospital, Pavilion for Women in Houston, TX. We provide outpatient consultations and care for women throughout the life span: preconception, pregnancy, postpartum, infertility, perinatal loss, perimenopause/menopause. We also provide inpatient consultations to antepartum and peripartum women, as well as liaison with various obstetric and gynecology services i.e. MFM, REI, gynecology oncology and NICU services. You will join a team of three reproductive psychiatrists, a reproductive psychologist, licensed social worker and nurse team.

To apply:

[https://jobs.bcm.edu/job/Houston-Assistant-Professor-%28Women's-Mental-Health-Center%29-Texa/692201800/](https://jobs.bcm.edu/job/Houston-Assistant-Professor-%28Women%27s-Mental-Health-Center%29-Texa/692201800/)



Marilyn Ahun Trainee Spotlight

Marilyn N Ahun is a PhD candidate in Public Health at the University of Montreal in Canada. This month, she will be defending her thesis, which examines the mediators and moderators of the association between maternal depression and children's cognitive development. This work was funded by a Vanier Canada Graduate Scholarship from the Social Sciences and Humanities Research Council. Using data from two Canadian population-based cohorts, she examined how school experiences mediate the effect of maternal depression on children's academic performance and explored the role of gene-environment mechanisms in the association between maternal depression and children's school readiness. Two of her thesis articles, including a meta-analysis of sex differences in the association between maternal depression and cognitive outcomes across childhood and adolescence, have recently been published in Psychological Medicine. Marilyn will pursue a Postdoctoral Fellowship this fall at the Harvard T.H. Chan School of Public Health and McGill University, where she will help to design, implement, and evaluate a mental health promotion intervention for mothers and fathers of young children in rural Pakistan.

Best regards,
Marilyn

Marilyn N. Ahun, PhD Candidate
Université de Montréal School of Public Health



Catriona Hippman PhD, CGC

I am thrilled to share that I have recently been awarded Postdoctoral Fellowship funding from the University of Calgary - Killam Fellowship, and from the Canadian Institutes of Health Research, to pursue a fellowship under the supervision of Dr. Dawn Kingston. My fellowship work aims - through parallel lines of both qualitative and quantitative inquiry into Canadian and international experiences - to elucidate strategies best suited to the Canadian context for the care of women experiencing acute postpartum mental illness. I am currently establishing an expert advisory group for the project, and would be happy to hear from anyone interested in getting involved!

I am also a co-author on a (fairly) recent publication: Morris E, Hippman C, Albert A, Slomp C, Inglis A, Carrion P, Batallones R, Andrighetti HJ, Ross CJ, Dyer R, Honer WG, Austin J. A prospective study to explore the relationship between MTHFR C677T genotype, physiological folate levels, and postpartum psychopathology in at-risk women. PLOS One. 2020. 15(12). e0243936;

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7735580/>

Finally, I was a panelist on a patient engagement event discussing issues around bipolar disorder and pregnancy, along with a patient who lives well with bipolar disorder and has twins. The recording is available on [YouTube](#).

Catriona Hippman, PhD, CGC (she/her/hers)

Research Fellow, Reproductive & Infant Psychiatry, BCCH

MEMBERS IN THE MEDIA





Katherine Wisner MD MS

Recent Publications

[Is peripartum magnesium sulfate associated with a reduction in postpartum depressive symptoms?](#)

Miller ES, Sakowicz A, Roy A, Wang A, Yang MA, Ciolino J, Grobman WA, **Wisner KL**, Yee LM. Am J Obstet Gynecol MFM. 2021 May 28:100407. doi: 10.1016/j.ajogmf.2021.100407. Online ahead of print. PMID: 34058422

[A randomized pilot clinical trial of pravastatin versus placebo in pregnant patients at high risk of preeclampsia.](#)

Costantine MM, West H, **Wisner KL**, Caritis S, Clark S, Venkataramanan R, Stika CS, Rytting E, Wang X, Ahmed MS; Eunice Kennedy Shriver National Institute of Child Health and Human Development Obstetric-Fetal Pharmacology Research Centers (OPRC) Network, Bethesda, MD. Am J Obstet Gynecol. 2021 May 24:S0002-9378(21)00584-6. doi: 10.1016/j.ajog.2021.05.018. Online ahead of print. PMID: 34033812

[Increased Depression Screening and Treatment Recommendations After Implementation of a Perinatal Collaborative Care Program.](#)

Miller ES, Grobman WA, Ciolino JD, Zumpf K, Sakowicz A, Gollan J, **Wisner KL**. Psychiatr Serv. 2021 May 21:appips202000563. doi: 10.1176/appi.ps.202000563. Online ahead of print. PMID: 34015950

[Impact of the peripartum period on the longitudinal course of obsessive-compulsive disorder.](#)

Chatterjee A, Zumpf K, Sprague J, Ciolino J, **Wisner KL**, Clark C, Mancebo MC, Eisen JL, Rasmussen SA, Boisseau CL. Arch Womens Ment Health. 2021 Apr 21:1-7. doi: 10.1007/s00737-021-01134-3. Online ahead of print. PMID: 33884486

Katherine L. Wisner, MD MS (*she/her/hers*)

Norman and Helen Asher Professor of Psychiatry and Behavioral Sciences and

Obstetrics and Gynecology

Director, Asher Center for the Study and Treatment of Depressive Disorders

Department of Psychiatry and Behavioral Sciences

Feinberg School of Medicine, Northwestern University



Sharon Dekel PhD

Funding:

NIH Award: June 2021 "Neural underpinnings of postpartum adaptation following traumatic delivery and implications for infant development". Research Supplement to Promote Diversity in Health-Related Research. The project under this award pertains to a neuroimaging investigation to elucidate the role of racial and ethnic discrimination in maternal PTSD using imaging tools.

Media:

NBC News, Today Show – Interview about postpartum PTSD.

[Dr. Dekel talks about postpartum PTSD and COVID](#) on the TODAY show on NBC, May 2021

Advances in Motion, Massachusetts General Hospital – report of research data on increased traumatic childbirth in COVID-19.

[Highlights of Dr. Dekel's COVID-19 study](#) on *Mass General Advances in Motion*, June 2021

Publications from the Dekel Laboratory:

Mayopoulos PA, Ein-Dor T, Li KG, Chan SJ, **Dekel S**. COVID-19 positivity associated with traumatic stress response to childbirth and no visitors and infant separation in the hospital. *Scientific Reports*. 2021; 11:13535. (June) <https://doi.org/10.1038/s41598-021-92985-4>

[Association of sexual assault history with traumatic childbirth and subsequent PTSD](#). Berman Z, Thiel F, Kaimal AJ, **Dekel S**. *Archives of Women's Mental Health*. 2021. (April). DOI: 10.1007/s00737-021-01129-0.

Sharon Dekel, Ph.D.

Assistant Professor of Psychology

Harvard Medical School

Director & Founder, Dekel Laboratory

<https://massgeneral.link/DekelLab>



Constance Guille MD, MSCR

Rate of Suicide Among Women Nurses Compared With Women in the General Population Before the COVID-19 Global Pandemic

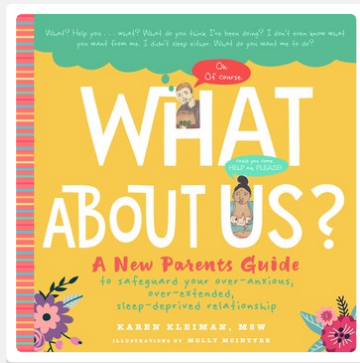
<https://jamanetwork.com/journals/jamapsychiatry/fullarticle/2778210>

Constance Guille MD, MSCR

Department of Psychiatry and Behavioral Sciences, Medical University of South Carolina, Charleston, South Carolina

JAMA Psychiatry. 2021;78(6):597-598.

doi:10.1001/jamapsychiatry.2021.0141

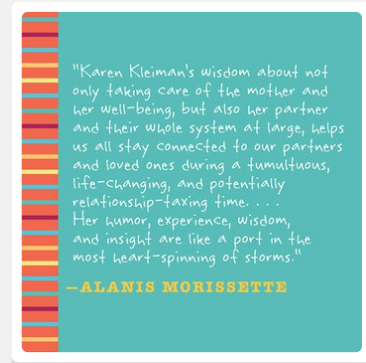


WHAT ABOUT US



Karen Kleiman MSW

KAREN KLEIMAN MSW,
Founder & Director, Author
The Postpartum Stress
Center



Alanis Morissette Endorsement

WHAT ABOUT US: A New Parents Guide

My newest book, *What About Us: A new parents guide to safeguarding your over-anxious, over-extended, sleep-deprived relationship* (Workman) is due out in November 2021 and can be [pre-ordered NOW](#).

Also, one of my very first books, *Therapy and the Postpartum Woman* (Routledge) has been accepted as a "Routledge MentalW Health Classic Edition"

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IG: @postpartumstress

Conference Corner! 2021 MONA VIRTUAL CONFERENCE: Parental Mental Health During Changing Times

ABSTRACTS NOTIFICATION UPDATE

Thank you to all that submitted abstracts! Notifications for accepted and rejected abstracts were sent on FRIDAY June 25th via email from Mirasmart. We want to thank everyone for their submissions!

We had an overwhelming number of submissions this year and it was highly competitive. We hope that you will join us for the fall virtual conference October 21-24th. All members will receive a discounted rate. We hope that you will join us for this education. **Please contact**

marce@meetingachievements.com for inquiries about Abstract content or categories.

SAVE THE DATE

MARCÉ OF NORTH AMERICA (MONA)
2021 **VIRTUAL** CONFERENCE

OCTOBER 21-24, 2021



Conference Registration is NOW OPEN featuring Early Bird Rates until August!

Early Bird Rates:

\$225.00 MONA Members

\$275.00 Non Members

\$100.00 Trainees/Students

[CLICK HERE TO REGISTER FOR THE CONFERENCE](#)


EARLY BIRD RATES UNTIL 8/20



Marce of North America

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[CLICK HERE TO RENEW YOUR MONA MEMBERSHIP FOR 2021!!](#)

MEMBERSHIPS ARE ANNUAL FROM JANUARY 1st 2021 to December 31st 2021