# Marce of North America Newsletter

March 2021





# MEMBERSHIP RENEWALS must be renewed by this Friday March 5th in order to stay active on the Listserv and Newsletter list!

Membership renewals began on January 1st, 2021 and all renewals must be received by this Friday March 5th, 2021 to maintain membership benefits including listserv and newsletter access. Also, please note that all MONA members will receive a heavily discounted rate on this year's Virtual Conference which will take place October 21st - 24th, please see the graph below on conference rates.



#### PERKS OF MONA MEMBERSHIP

- Listserv access (including expert discussion on clinical challenges, posts about new programs and research, and up to date information on conferences)
- · Discount on the MONA conference
- Free access to MONA webinars
- Access to the online membership portal (including webinar videos, papers of the month, and other exclusive info)
- · Access to special interest groups
- Monthly Newsletter with privileges to share announcements
- Silver Level Membership to Marce International all members of MONA automatically become
   Silver Level members of the global organization

## 2021 Membership Annual Rates--January 1st 2021-December 31st 2021

- U.S. \$225 (U.S. Dollars) for professionals; \$100 for students, trainees, etc
- · Canada \$275 (Canadian Dollars); \$115 for students, trainees, etc
- Mexico \$55 for professionals/1100 Pesos; \$30 for students/600 pesos

#### 2021 & 2022 Membership Rate for Two Years

\*This two year membership will ensure that you will not need to renew your MONA membership again until 2023 and you will receive a 10% discount as well.

- \$405 for U.S professionals; \$180 for U.S. students, trainees, etc.
- \$495 for Canada professionals; \$205 for students, trainees, etc.
- \$90 Mexico professionals/1800 Pesos; \$50 for students/1000 Pesos

# CLICK HERE TO RENEW YOUR MONA MEMBERSHIP FOR 2021!!

MEMBERSHIPS ARE ANNUAL FROM JANUARY 1st 2021 to December 31st 2021

SAVE THE DATE







	EARLY BIRD RATES	REGULAR RATES	
MEMBERS	\$225	\$400	
Non - Member	\$275	\$445	
Students	\$100	\$175	
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**CALL FOR NOMINATIONS OPEN UNTIL APRIL 30th!!** 

MONA IS SEEKING NOMINATIONS FOR THE FOLLOWING POSITIONS!

MONA is opening a call for nominations for **2 Board Members, the President-Elect, the Treasurer, and the Secretary.** The Deadline for nomination submissions will be April 30th, 2021.

The following is required per our constitution:

Nominations for all elected Board Members must be supported by two members of the Society and confirmed in writing or by email by the nominee. Nominees will be required to submit a Curriculum Vitae, a statement of vision for their role in the Society and recent photograph.

The support from the members of the Society should be in writing - in the form of a letter (1-page is sufficient).

Please email all nominations and letters of Support to <a href="marce@meetingachievements.com">marce@meetingachievements.com</a> by Friday, April 30th! Please see the attachment below for descriptions for each of the board member positions!



Call out for Nominations Document.docx





## WELCOME TO OUR NEW JANUARY & FEBRUARY 2021 MEMBERS!

#### **Trainees:**

Marilyn Ahun PhD (Canada), Université de Montréal
Zoe Duberstein PhD, University of Rochester
Stacey Klaman PhD, Family Health Centers of San Diego/
Laura Rodriguez Research Institute
Caroline Sanderson MD, University of Colorado School of Medicine
Morgan Staver BSN, RN, University of Nebraska Medical Center
Melanie Velez, Student DNP-PMHNP, Texas Tech University

Professionals:
Rubin Aujla MD
Abra Bates MD
Lisa Catapano MD, PhD

Jessica Cosgrove DO

Kristina D'Antonio LCSW

Alicia Fernández (Mexico)

Gloria Giarratano PhD, APRN

Alecia Greenlee MD

Nina Higgins MD

Vani Jain (Canada)

Aimee Kroll-Desrosiers PhD

Diane de Camps Meschino, BSc(H) MD FRCPC (CANADA)

Kathryn Newton DO, MPH

Joann O'Leary PhD

Shy Porter PhD, LMFT

Daisy Singla PhD, C.Psych (Canada)

Jennifer Weeks LPC

Elisabeth Wright MD (Canada)



#### CALL OUT FOR ABSTRACTS OPEN UNTIL APRIL 15th!

We are pleased to announce that the Call for Abstracts for the 2021 MONA Virtual Conference is open! Submissions due April 15th!

Our fall conference will take place *Virtually* on Thursday October 21st-Sunday October 24th and abstract submissions will be open until **April 15th**! The conference is entitled *Parental Mental Health During Changing Times*.

MONA welcomes all abstracts on parental mental health during and related to the perinatal period. This year we are especially interested in symposiums, oral presentations, and posters that reflect the ever-changing times we are living in. We are particularly interested in issues of access and diversity,

changes in healthcare delivery, health equity, family structure, and inclusive recruitment and retention in research. Submissions about research, clinical care, education, and advocacy will be considered.

Both members and non-members can participate in the call for abstracts, but MONA members will benefit from a discount on the conference registration fees once that opens later this year.

Stay tuned for more information on Pre Conference Workshop signups coming soon!!

## SUBMIT YOUR ABSTRACT for MONA 2021 VIRTUAL CONFERENCE

see https://marcenortham.com/2021-conference for more details!



## BAYLOR COLLEGE OF MEDICINE EMPLOYEMENT OPPORTUNITY

<u>Division Director of Women's Reproductive Psychiatry - #4 Ranked Pediatric Hospital and National</u>
<u>OB/GYN Academic Leader</u>

Hodges Partners has been retained to conduct the search for the Division Director of Women's Reproductive Psychiatry for Texas Children's Hospital (TCH), and Baylor College of Medicine (Baylor). With most of the Division's services provided in the Texas Children's Pavilion for Women, TCH is the largest pediatric health system in the country with 9 out of 10 sub-specialties ranking in the top 10 in USNWR, currently building a fourth hospital in Austin. Baylor houses one of the nation's premier OB/GYN programs, with ~150 faculty and currently ranked #14 in Blue Ridge NIH funding. The Division of Reproductive Psychiatry, one of 12 unique divisions in the Department, is one of only a handful of programs in the United States dedicated to the care and treatment of women's reproductive mental health and spans multiple patient care sites. This position offers the rare opportunity to drive collaborative research and clinical programs across multiple subspecialties and other departments, such as maternal-fetal medicine, reproductive endocrinology, surgery, pathology, radiology, and of course psychiatry, in these two esteemed institutions.

Qualified respondents may submit CVs to Michelle McClintock: <a href="mailto:mmcclintock@hodgespartners.com">mmcclintock@hodgespartners.com</a>

## MOUNT SINAI HOSPITAL TORONTO, CANADA FELLOWSHIP

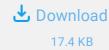
Mount Sinai Hospital in Toronto, Canada is offering a <u>one year fellowship</u>. This fellowship in the Perinatal Mental Health Program is a one-year academic fellowship (clinical and/or research) that provides advanced training in the treatment of adults during pregnancy and the postpartum period and the opportunity to develop an academic project.

See attached for more details!

https://www.psychiatry.utoronto.ca/available-fellowship-opportunities



Toronto Fellowship.docx



## Childrens National Hospital is hiring for a Perinatal Psychologist!

Children's National Hospital recently announced a transformational \$36 million investment from the A. James & Alice B. Clark Foundation – one of the largest in the hospital's history - to provide families with greater access to mental health care and community resources.

That great news gets even better. We're hiring! This position, a Perinatal Psychologist, will focus on developing, implementing and training perinatal community caregivers in the delivery of psychological interventions for expectant and postpartum women experiencing mental health difficulties.



Childrens National Job Posting.pdf



## Perinatal Psychiatry Clinical Research Fellowship beginning July 2021!

We are excited to share that we are starting a new 12 month Perinatal Psychiatry Clinical-Research Fellowship for Psychiatrists that will begin this July 2021.

Please see the attachment for more information about this new opportunity with the UNC Center for Women's Mood Disorders.



UNC Fellowship.pdf

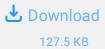


## FELLOWSHIP TRAINING IN WOMENS MENTAL HEALTH: BROWN UNIVERSITY

fellowship training in Women's Mental Health with a focus on perinatal mental health.



PhD Women's Mental Health fellowship 2021-2022.pdf



#### **DIVERSITY FELLOWSHIP OPPORTUNITY**

Augustana College, Rock Island, IL: Our **Diversity Fellowship** program supports a doctoral candidate or recent doctoral graduate from an underrepresented group to engage in teaching and research in a liberal arts college environment and prepare for a tenure-track position.

This fellowship is open to all disciplines and begins in August of the 2021-2022 academic year, with possible renewal for an additional year upon mutual agreement. We invite applications from graduate students who will use the fellowship to complete their dissertation or early career scholars within two years of completing their terminal degree who will use the fellowship to hone teaching skills and advance their scholarly agenda.

Applicants must be a member of a group or population that has been historically underrepresented in faculty positions at Augustana College or in higher education, or otherwise contribute to diversity. This includes, but is not limited to, racial and ethnic diversity, sex and gender, LGBTQ+ individuals, individuals with disabilities, and individuals with other diverse backgrounds.

Total compensation in the first year is \$40,000 (to be split between research support and salary, at the discretion of the fellow); the fellowship also comes with benefit eligibility and a relocation allowance. In the first year, the fellow will teach three courses, preferably, one fall semester course, one intensive J-term course, and one spring semester course.

For more information about the position, benefits, and how to apply, visit:

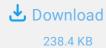
https://augustana.interviewexchange.com/jobofferdetails.jsp?JOBID=126592

#### KAISER PERMANENTE FELLOWSHIP POSTDOCTORAL FELLOW IN WOMENS MENTAL HEALTH

We are excited to share that we have an opening for a Postdoctoral Fellow in Women's Mental Health and Substance Use at Kaiser Permanente Northern California's Division of Research. We would appreciate it if you would share it with anyone that may be interested. Please reach out with any questions.



Kaiser Permanente Fellowship.docx





# Pregnancy, Postpartum, and Mental Health

Starts March 25, 2021

A 5 week Zoom course





#### GEMMA: Womens Mental Health

Dr. Pooja Lakshmin MD, a MONA member, clinical assistant professor at George Washington University and frequent contributor to The New York Times, has an educational opportunity for patients starting on March 25, 2021. Dr. Lakshmin founded Gemma, the first digital education platform dedicated exclusively to women's mental health in 2020. Gemma provides expert lead virtual courses for women's emotional and mental well-being. Gemma's Spring Zoom course -<u>Pregnancy, Postpartum, and Mental Health</u> - meets once a week for 75 minutes over 5 weeks and covers a broad range of topics related to perinatal mood and anxiety disorders including signs and symptoms, prevention strategies, safety of SSRIs, navigating the rollercoaster of feeding, recognizing birth trauma, making COVID-19 vaccine decisions and more. The class is taught by Dr. Lakshmin, and Gemma educator's Drs. <u>Jennifer Lincoln MD, IBCLC</u>, and <u>Marta Perez</u> MD. Registration includes access to Gemma's e-course Unloading the <u>Triple Threat</u>, and a private Facebook group. Learn more <u>here</u> or email info@gemmawomen.com with questions.





gemmawomen.com/pregnancy...



FLYER Gemma Spring Zoom .pdf





## Alarming Increase in Suicidality During Pregnancy in U.S.

Please find the attached JAMA Psychiatry Article on the Alarming Increase in Suicidality During Pregnancy in US

https://www.huffpost.com/entry/alarming-new-data-shows-morewomen-having-suicidal-thoughts-during-pregnancy-andafter\_L\_5fbc0b25c5b68ca87f7ddee5

https://www.usatoday.com/story/news/health/2020/11/20/growth-suicidal-thoughts-self-harm-during-after-pregnancy-jama-psychiatry-study/6346945002/

Kara Zivin, PhD, MS, MA, MFA

Professor of Psychiatry, University of Michigan Medical School Professor of Obstetrics and Gynecology, University of Michigan Medical School

Professor of Health Management and Policy, University of Michigan School of Public Health

Faculty Associate, Survey Research Center, Institute for Social Research

Research Scientist, Center for Clinical Management Research (CCMR), VA Ann Arbor Healthcare System



Admon JAMA Psychiatry 2020.pdf





## Why New Moms need the COVID 19 Vaccine

https://www.usnews.com/news/health-news/articles/2021-02-12/new-moms-need-the-covid-vaccine

Deepika Goyal, PhD, MS, FNP-C

Professor

Family Nurse Practitioner & Graduate Program Coordinator San Jose State University

The Valley Foundation School of Nursing, One Washington Square, San Jose CA, 95192



#### **Keynote Speakers**



Joia Crear-Perry, MD, FACOG President National Birth Equity...



Theresa Nguyen, LCSW Chief Program Officer Mental Health America



Joy Burkhard, MBA Executive Director 2020 Mom

#### 2020 MOM Annual FORUM

Please join us for the 11th annual U.S. Maternal Mental Health FORUM being held <u>virtually</u> this year March 24-26th.

https://www.2020mom.org/2021-annual-forum

\*The FORUM is where research and implementation converge and multi-sector stakeholders convene.\*

#### \*Topics include:\*

Maternal Loneliness and the US Resilience Study

The 4th Trimester and Beyond -Policy and Practice Change

Federal Mental Health Legislative Policy

Levels for Change, including Collaborative Care, Payor Integration and more Honoring Dr. John Straus.

We will also be honoring and holding a conversation with Dr. John Straus, recipient of the Inaugural Mental Health Hero Award, Dr. Strauss of the Mass. Child Psychiatry Access program helped lay the groundwork for improving child and maternal psychiatric access across the U.S.

Many MONA members will be speaking at the 2020 MOM Annual Forum!

Learn more here and use code **Mona2021** to get 20% off the already accessible registration rate of \$55.

2020 Mom Annual FORUM — 2020 Mom <a href="https://www.2020mom.org/2021-annual-forum">https://www.2020mom.org/2021-annual-forum</a>>

Joy Burkhard, MBA

