

# ***Marce' of North America Newsletter***

March 2022



**Marcé**  
of North America

*Promoting Perinatal Mental Health*

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## **2022 Membership Renewals**

The 2022 Marce' of North America (MONA) Membership categories are now available here at <https://marcenortham.com/renew> and includes a Silver Level International Marcé Society membership. All previous memberships have expired as of January 15th unless you purchased a two year membership last year. We give a grace period until March with regards to renewing and listserv and newsletter access.

You can find out the status of your membership by logging in at <https://marcenortham.com/> or emailing [marce@meetingachievements.com](mailto:marce@meetingachievements.com)

There are one and two year membership options available for our members in the US, Canada, and Mexico! **The two year memberships include a 10 percent discount!**

### **BENEFITS OF MONA MEMBERSHIP**

- Discount on the MONA conference
- Free access to MONA webinars
- Listserv Access (including expert discussion on clinical challenges, posts about new programs and research studies and employment opportunities)

- Access to the online membership portal (including webinar videos, papers of the month, and other exclusive info)
- Access to special interest groups <https://marcesociety.com/special-interest-groups/>
- Monthly Newsletter with privileges to share announcements
- Silver Level Membership to The International Marcé Society - all members of MONA automatically become Silver Level members of the global organization.
  - The cost to upgrade to “MONA Diamond” is \$150 USD and the cost to upgrade to “MONA Gold” is \$100 USD.
  - **GOLD** –includes a complimentary one year subscription to the AWMH
  - **DIAMOND** –includes a complimentary one year subscription to the *Archives of Women’s Mental Health* (AWMH), the official journal of the International Marcé Society, and recognition as a Diamond member in the Marcé newsletters and at the Biennial Congress
- The International Marcé Society consists of a general International group, as well as Regional Groups which act as branches of the Society. Regional Groups provide the opportunity for members to collaborate, share information, and build relationships with colleagues who are closer geographically or who share a common language. MONA is the Regional Group of the International Marcé representing North America (the USA, Canada, and Mexico). To learn more about other Regional Groups of the Society, please visit <https://marcesociety.com/regional-groups/regional-group-map/>

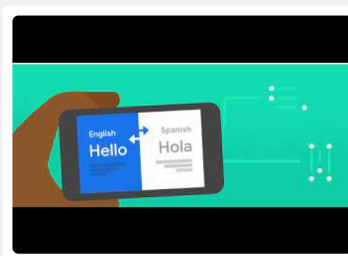
Please Contact Megan Mack for International Marcé Society membership upgrades:  
[mmack@parthenonmgmt.com](mailto:mmack@parthenonmgmt.com)

## RENEW YOUR 2022 MEMBERSHIP HERE

if you have any questions about your membership status please email  
[marce@meetingachievements.com](mailto:marce@meetingachievements.com)



**English to French**



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[www.marcenortham.com](http://www.marcenortham.com) is  
 NOW enabled with Google  
 Translate



**English to  
 Spanish**



## WELCOME TO OUR NEW MEMBERS for 2022!

### TRAINEE MEMBERS:

#### **Molly Arnold**

Clinical Psychology Student  
University of Rochester

#### **Zola Chihombori Quao**

Resident physician  
University of California, Davis

#### **Megan Cleary, DO, MA**

Psychiatry Resident, PGY2  
The University of Kansas

#### **Sarah Haugen**

Viterbo University

#### **Mariann Howland**

Doctoral student  
Institute of Child Development  
University of Minnesota

#### **Elizabeth Hur, MD**

Fellow  
LAC+USC Medical Center

#### **Elena Jordan, MD**

Resident psychiatrist  
USC

#### **Jacquelyn Knapp, MD**

Psychiatry resident  
Oregon Health & Science University

#### **Tolu Odebunmi MD, PhD**

Resident physician  
University of Minnesota

**Madison Pomerantz, MD**  
psychiatry resident  
Brown University/Butler Hospital

**Megan Shedd MD, MPH**  
Psychiatry Resident  
The University of New Mexico

**Lauren Shuffrey PhD**  
Associate Research Scientist  
Columbia University Medical Center

**Mara Sigalos-Rivera MD**  
Psychiatry resident  
University of Southern California

**Neisha Voight MD**  
Psychiatry Resident - PGY-4  
Columbia University Irving Medical Center  
New York State Psychiatric Institute

**Vanessa Vandergaag**  
Masters of Counselling student  
Athabasca University

**Alexandra Yoon, MD**  
Psychiatry resident  
George Washington University

**PROFESSIONAL MEMBERS:**

**Tracy Alldred, MD**  
Psychiatrist  
Joseph Brant Hospital  
Ontario, CAN

**Adam Angel LCSW-C**  
Clinical Social Worker

**Erin Berinz PhD**  
Associate Professor  
University of Illinois at Chicago

**Pam Barnes-Palty, PsyD**  
Psychologist  
Phoenix, AZ

**Nina Ballone MD**  
Psychiatrist

Inova Fairfax Hospital

**Barbara Byers MD, MPH**

Psychiatrist

Capital Mental Health

**Dylan Kathol, MD**

Psychiatrist

North Side Psychiatry

**M. Camille Hoffman MD, MSc**

Associate Professor , Maternal Fetal Medicine

University of Colorado School of Medicine

**Laura Mayer, MD**

Reproductive Psychiatrist

Brown University

**Megan Mueller, MD**

Psychiatrist

Central Arkansas Veterans Health System

**Heather O'Brien PsyD**

Psychologist

Swedish Healthcare

**Abigail Per Lee MA, MFT**

Marriage and Family Therapist

Private Practice

**Ariana Prieto Licón**

Clinical Psychologist

Instituto de Estudios Superiores Y Formacion Humana

Chihuahua Mexico

**Christel Romo**

Perinatal psychology

Universidad Anahuac

Mexico City

**Danielle Schuman-Olivier PMHNP, CNM**

Mental Health Nurse Practitioner/Psychotherapist

Mt. Auburn Hospital

**Alpa Shah, MD**

Psychiatrist, Director Perinatal Mental Health Clinic

Marshfield Clinic Health System



## **MEMBER OF THE MONTH: MONA Treasurer Krista Huybrechts MS, PhD**

### **1. What is your current professional role?**

I am Associate Professor of Medicine and Epidemiology at Harvard Medical School and the Harvard T.H. Chan School of Public Health. I co-direct the Harvard Program on Perinatal and Pediatric Pharmacoepidemiology (H4P) at Brigham and Women's Hospital, a multidisciplinary team consisting of physicians, epidemiologists, statisticians, and pharmacists. Administratively, I am Director of Research Operations within the division of Pharmacoepidemiology in the Department of Medicine at Brigham and Women's Hospital.

### **2. What drew you to the field of Perinatal Mental Health?**

As a pharmaco-epidemiologist, my goal is to generate the best possible evidence on the safety and effectiveness of medications in order to inform clinical practice. Because pregnant women are excluded from most clinical trials, the hard reality is that we know virtually nothing about the safety of medications in pregnancy at the time of drug approval; psychiatric medications are certainly no exception. Yet clinicians are told to weigh the risks and benefits of treatment when making prescribing decisions, a seemingly impossible task in the absence of evidence. I was drawn to the field of perinatal psychiatric epidemiology because of this great need for high-quality evidence and with it the enormous potential to meaningfully contribute to improved perinatal mental health care. I have been working in this research field for over a decade and they have been the most rewarding years of my career.

### **3. What is your current research involvement?**

I am a full-time researcher! My work centers on generating evidence regarding the safety and effectiveness of psychiatric medications during pregnancy, and the benefit-risk trade-off for women and their newborns. I focus primarily on the use of advanced epidemiological and statistical methods applied to large databases derived from health data collected in the context of routine medical care to help address this critical evidence gap. I am committed to bridging the gap between clinical care and high-quality evidence through the conduct of applied research as well as the development of new methodological approaches to address the crucial and unique questions faced by the perinatal mental health community.

### **4. What does a typical workday look like for you-including before and after work?**

I am not a morning person, so my day starts with a strong cup of coffee (or two!) and NPR. I try to reserve Mondays and Fridays as much as possible for writing (with mixed success!). Tuesday through Thursday are typically a mixture of teaching, lots of project meetings, check-ins with students and other mentees, and all that is needed to keep our research group up and running. My husband and I reminisce about our day over dinner and are quite religious about going on a walk afterwards, rain or shine. Sadly, our dog passed away last year

but we keep up the habit. Evenings are for exercise – typically elliptical or treadmill while watching a show – catching up on the news, dealing with the deluge of e-mails, and the occasional facetime with the kids who are both in college.

**5. What are you most excited about in your current work?**

Traditionally, the field of perinatal pharmacoepidemiology has focused on evaluating the risk of selected short-term outcomes in live born infants (eg, birth defects). In the context of some of our recent NIH grants, we have explored the feasibility of studying longer-term outcomes (eg, neurodevelopmental disorders) and non-live birth outcomes, and we are now actively working on approaches for prospective surveillance across a broad range of potential outcomes simultaneously. Each of these has presented a myriad of methodological challenges, but it has been exciting to explore how we can provide a more comprehensive picture of the safety profile of these medications. A big remaining challenge is how to weigh the benefits versus this range of potential risks of different severities, affecting mom or infant. That is largely uncharted territory, and I am eager to start investigating what more can be done there.

**6. What's one of the most important things you've learned from a mentor or role model?**

Don't let temporary setbacks discourage you; never lose sight of your long-term goal.

**7. What are your favorite things to do outside of work?**

I really enjoy being outside in nature, whether it's running, hiking, or biking. Here in New England, winter brings the opportunity for skating, cross country and downhill skiing. Most importantly, you don't have to be good at them to enjoy them (that applies to the skiing!).

**8. What is the most interesting book, podcast, TV series, or movie you've encountered in the past year?**

I very much enjoyed watching "The Power of the Dog" and "Don't Look Up"; two very different movies, but both powerful in their own way. I won't say much more as to not spoil things for members who have not watched them yet. Some books I recently read and enjoyed are "Lost Children Archive" by Valeria Luiselli and "A Burning" by Megha Majumdar. Another short but beautiful book with a surprising twist is "The Survivors" by Alex Schulman.



The International  
Marcé Society  
for Perinatal Mental Health



The International  
Marcé Society  
for Perinatal Mental Health

The International Marcé Society **Conference**  
**19th-23rd September 2022** London • UK  
<https://bit.ly/Marce2022>



## LONDON 2022 International Marce Society Conference

We are excited to let you know that the London 2022 International Marce Society conference website is now live [https://registrations.hg3conferences.co.uk/hg3/frontend/reg/thome.csp?pageID=72569&ef\\_sel\\_menu=1622&eventID=200](https://registrations.hg3conferences.co.uk/hg3/frontend/reg/thome.csp?pageID=72569&ef_sel_menu=1622&eventID=200)! The website has information about the keynote speakers and medal winners, conference registration, abstract submission, and much more.

If you have questions about the registration process or other details specific to the conference, please contact [events@hg3.co.uk](mailto:events@hg3.co.uk)

*Special reduced registration rates are available for Marcé members only: To receive the discount, you must enter code **Aprt2x** during the registration process.*

## MARCE INTERNATIONAL: SPECIAL INTEREST GROUPS

As members of the International Marcé Society, all MONA members are eligible to participate in Special Interest Groups. Current groups are:

- [Fathers](#)
- [Pregnancy Loss and Newborn Death](#)
- [Prevention of Perinatal Mental Health Disorders](#)
- [Reproductive Mental Health Forensics](#)

We are also beginning a SIG about LGBTQ issues and will provide updates in early 2022.

We've received lots of great feedback that the SIGs are a very meaningful way to connect with our international perinatal mental health community. If you would like to contact the Chairs of the SIGs, please email the International Marcé Society Executive Office at [lmiller@parthenonmgmt.com](mailto:lmiller@parthenonmgmt.com)





## MARCH 2022 Paper of the Month : Overview by Jacquelyn Knapp MD

### MONA PAPER OF THE MONTH

Overview by Jacquelyn Knapp, MD, PGY-4 Psychiatry Resident at Oregon Health & Science University, Portland, OR

COVID-19 is associated with traumatic childbirth and subsequent mother-infant bonding problems. Gus A. Mayopoulos et al. *J Affect Disord.* 2021; Published online December 28, 2020. doi: 10.1016/j.jad.2020.12.101

**The Problem:** Childbirth can be dangerous with a potential threat to both mother and infant lives. Social support during this momentous life event is paramount. Support persons in the delivery room have been limited or restricted with the COVID-19 pandemic. Already, studies have shown an increase in symptoms of depression and anxiety in postpartum women since the outbreak. However, little is known about the psychological stress of COVID-19 on the experience of childbirth. We do know that one in three women will experience their birth as significantly distressing, resulting in an acute stress response around childbirth in pre-pandemic studies. Studies have shown 6-19% of women will go on to develop childbirth-related posttraumatic stress disorder (CB-PTSD). Association of the child with a traumatic delivery can negatively impact maternal-infant dyad bonding and attachment. Distinct contributions of the COVID-19 pandemic on childbirth-related maternal traumatic stress and maternal bonding and breastfeeding issues are unknown.

**The Study:** Internet survey responses from a cross-sectional sample of 1611 women (primarily American, 86%) who had a live birth within a 6-month period of the first wave of the COVID-19 pandemic (majority delivered in March and April 2020) were compared to that of 640 matched controls who gave birth before the pandemic, all recounting their childbirth experience. COVID-19 positive women were excluded. Primary outcome was to determine whether COVID-19 is associated with an increase in childbirth-related stress leading to subsequent posttraumatic stress and maternal bonding problems in communities with COVID-19 compared to those without. The Peritraumatic Distress Inventory (PDI) and Posttraumatic Checklist for DSM-5 (PCL-5) was used to assess childbirth related stress, accounting for prior lifetime trauma with the Life Events Checklist for DSM-5 (LEC-5). The Mother-to-Infant Bonding Scale (MIBS) and the Maternal Attachment Inventory (MAI) were used to evaluate maternal bonding issues. Breastfeeding issues were measured based on a self-reported, single-item within the questionnaire. Demographically, the participants were on average two months postpartum and 32 years old when they conducted the survey. Many were married (91%), at least middle class (60%), employed (77%), and had a college degree (79%). Most of the participants delivered at-

term (85%) and had a vaginal delivery (72%). For nearly two-thirds (59%) of the women, this was their first delivery.

**The Findings:** Pandemic vs pre-pandemic participants were matched based on similar characteristics (e.g., maternal age, marital status, employment, education, ethnicity, trauma and mental health history, prior birth stressors, primiparity, delivery mode, gestational age, and weeks postpartum) and were found to have a high balance of the matching groups in an overall balance test ( $\chi^2(45) = 29.95, p = .96$ ). Higher acute stress responses to childbirth was found in the COVID-19 group (OR = 1.38, 95% CI = 1.01-1.89); which in turn was associated with additional CB-PTSD symptoms ( $b = .42, p < .001$ ) and more issues with maternal bonding ( $b = .24, p < .001$ ;  $b = .26, p < .001$ ) and breastfeeding ( $b = .10, p < .01$ ).

**Comments:** Additional childbirth-related stress from the COVID-19 pandemic in healthy women without COVID-19 infection suggests the need to screen postpartum women during the pandemic for trauma symptoms related to childbirth, which may have missed treatment implications if depression alone is screened. Having a prior traumatic delivery puts a women at risk for CB-PTSD in subsequent deliveries, perpetuating a cascade of worsening mental health outcomes associated with childbirth. Furthermore, poor breastfeeding outcomes and impaired maternal-infant bonding and attachment will likely have long-term, far-reaching, negative neurodevelopmental, psychological and financial impacts on a generation of babies born during this international health crisis and on families across the globe.



## Recruiting Junior Faculty Position

Dear MONA members,

I am pleased to announce that I am recruiting for a junior faculty position focused on research in women's mental health. The successful candidate will join me in the newly established Reproductive Psychiatry Research Program at the University of Virginia. The position will provide up to 70% protected research time for up to three years along with individual mentorship with a goal of establishing a research career in women's mental health. The Reproductive Psychiatry Research Program is focused on research exploring psychiatric disorders associated with times of reproductive hormonal change such as premenstrual dysphoric disorder, postpartum depression, perimenopausal

depression as well as other “reproductive” psychiatric disorders. If you are interested, or interested in learning more please feel free to email me at my personal email: [jlp4n@virginia.edu](mailto:jlp4n@virginia.edu).

Sincerely,

Jennifer L. Payne, MD

Professor and Vice Chair of Research

Director, Reproductive Psychiatry Research Program

Department of Psychiatry and Neurobehavioral Sciences

University of Virginia

PO Box 800548

Charlottesville, VA 22908

President: MONA

## **Postdoctoral Fellow Perinatal Mental Health**

Dear Marcé Colleagues,

I am looking to hire a postdoctoral fellow to assist with my research activities related to perinatal mental health in both women and their partners. Below is a detailed description. Please send your CV to me if you are interested. [cindylee.dennis@utoronto.ca](mailto:cindylee.dennis@utoronto.ca)

Warm regards,

Cindy-Lee

Cindy-Lee Dennis, PhD, FCAHS

Professor in Nursing and Medicine, Dept. of Psychiatry, University of Toronto;

Women's Health Research Chair, Li Ka Shing Knowledge Institute, St. Michael's Hospital;

Fellow, Canadian Academy of Health Sciences

University of Toronto

155 College St

Toronto, Ontario

Canada M5T 1P8

Tel: (416) 946-8608

[www.cindyleedennis.ca](http://www.cindyleedennis.ca)

### **Post Doctoral Fellow (PDF)**

Dr. Cindy-Lee Dennis, lead researcher of the Mothering Transitions Research Program at the St. Michael's Hospital and professor at the University of Toronto, is looking a Postdoctoral Fellow (PDF) to conduct research-related tasks as needed in a longitudinal, Canadian Institutes of Health Research (CIHR) funded randomized controlled trial. This position is intended for candidates that wish to develop and refine their quantitative research skills in the specialized area of maternal and paternal mental health and child development. As a PDF, this role is expected to be an extension of their academic training received during their doctorate with the goal of eventually transitioning into an Independent Scientist role.

## **Perinatal Mental Health Therapist**

We are excited to announce that Inova Health System, located in Northern Virginia, is currently seeking a Perinatal Therapist, for our Women's Behavioral Health Program.

This position will support Women's Behavioral Health, specifically perinatal mental health, providing individual and/or group therapy, as well as family consultation. Currently all appointments are conducted via telehealth. Additionally, this position serves as an ambassador for behavioral health,

reducing stigma and greatly improving access to behavioral health services. Seeking a licensed mental health professional who is adept at working independently, and inspired to work collaboratively with multidisciplinary teams. Potential for sign on bonus.

For more information, please see:

[https://elar.fa.us2.oraclecloud.com/hcmUI/CandidateExperience/en/sites/CX\\_1/job/608490/?utm\\_medium=jobshare](https://elar.fa.us2.oraclecloud.com/hcmUI/CandidateExperience/en/sites/CX_1/job/608490/?utm_medium=jobshare)

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Chandrika Balgobin, D.O.  
Perinatal Psychiatrist  
Women's Behavioral Health  
Inova Health System

## Women's Reproductive Psychiatrist

Dear Colleagues -

We are looking for a Women's Reproductive Psychiatrist for a position that is 50% in our Obstetric Consultation-Liaison service seeing hospitalized Obstetric patients and 50% in our FPO, seeing women across the reproductive lifecycle. We have a collaborative, interdisciplinary team with opportunities for teaching and learning. The posting and link to apply are attached, but please feel free to reach out with any questions.

Betsy

<https://apply.interfolio.com/96628>

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Elizabeth M. Fitelson, M.D.  
Director, The Women's Program  
Columbia University Department of Psychiatry  
212-305-6464  
[eem36@columbia.edu](mailto:eem36@columbia.edu)



OB Psychiatrist - job description.pdf

 Download

294.1 KB



## Career Opportunity Partum Health

Digital health start-up [Partum Health](https://www.partumhealth.com) is looking for mental health providers who have expertise in supporting partners, and fathers in particular, in transitions to and through parenthood. Partum was founded with the goal of providing evidence-based whole person care for young families, including mental health support for parents and parents-to-be. The company is currently seeking clinicians licensed in IL but happy to speak with interested providers in other geographies for future opportunities. Anyone interested in learning more can reach out to the founders, Meghan Doyle and Matt Rogers, at [team@partumhealth.com](mailto:team@partumhealth.com).

<https://www.partumhealth.com>





REPRO  
PSYCH  
TRAINEES

## Reproductive Psychiatry Interest Group

 @Repro\_psych

Hello all! I'm Amanda Koire (PGY2 in Psychiatry at Brigham and Women's Hospital) and I have enjoyed being a part of MONA for the past year.

Reid Mergler, a PGY3 from Tufts who is also a MONA member, and I have started a national interest group of residents and trainees interested in women's mental health that so far has >200 members. Our plan for 2022 is to host monthly speakers and journal clubs on topics including PMDD, perinatal psych medication management, postpartum psychosis, menopausal transition, and careers in reproductive psychiatry.

This group is full of amazing and knowledgeable specialists— if you are willing to give a lecture or be a panelist on any of these topics (or others!) to a large audience of excited trainees, please let us know!

Faculty link: <https://forms.gle/1NnP4zrRr9PXWHZS8>

If you're a trainee in this group, please let us know if you'd be interested in hearing more about our events/joining the group!

Trainee link: <https://forms.gle/9tKt3TEHKwxE2ifA9>

Follow us on twitter here @**Repro\_psych**

Sincerely,

Amanda Koire, M.D., Ph.D.

Psychiatry, PGY-2

Brigham and Women's Hospital

x39960



## Perinatal OCD Intensive Outpatient Program

The Perinatal OCD Intensive Outpatient Program serves pregnant and postpartum adults with obsessive-compulsive disorder (OCD), health anxiety, social anxiety, panic disorder, and phobias (intense, specific fears).

Treatment consists of exposure and response prevention (ERP), which is based on cognitive-behavior therapy (CBT), delivered in a group format.

The Women and Infants Hospital of Rhode Island is offering Individual, family, and group sessions. For more information on this targeted perinatal OCD program see the contact information below or our new brochure [LINKED BELOW](#).

### Women & Infants Hospital of Rhode Island

Center for Women's Behavioral Health

101 Dudley St.

Providence, RI 02905

P: (401) 453-7955

Email: [BHDHdesk@wihri.org](mailto:BHDHdesk@wihri.org)

Fax: (401) 276-7873



PerinatalOCDIOP\_RackCard\_Proof3.pdf

Download

808.8 KB

[CLICK TO LEARN MORE](#)

[CLICK TO LEARN MORE ABOUT PERINATAL OCD INTENSIVE OUTPATIENT PROGRAM](#)



# MONA LISTSERV

Hello Members!

As a reminder you are encouraged to use the MONA Listserv for professional advice, referrals, trainings, announcements and important topics that you would like to share with the Marce of North America Community. You must be a member to post on the Listserv with your email registered. Once you send something to the listserv it is always held for review and approve before it is posted. You will be added to the listserv after enrolling for membership. You will have to confirm via email and opt in.

Please Email [MONA@simplelists.com](mailto:MONA@simplelists.com) to send a message to the Listserv.

## PERINATAL MENTAL HEALTH TRAINING

The Developing Brain Institute is pleased to continue our monthly series of Perinatal Mental Health Training sessions, each offering CME credit. These monthly webinars, facilitated by the [DC-wide Community Network for Mother-Baby Wellness](#), feature subject matter experts from Children's National and elsewhere who facilitate a discussion of compelling topics in the field of perinatal mental health care. The Network - a partnership of DC's main prenatal care providers; perinatal-focused, community-based organizations; and birthing hospitals - offers training, advocacy and direct services to improve prenatal and postpartum mental health.

**Developing  
Brain Institute**

[Developing Br...](#) [developingbrainresearchlaboratory.org](http://developingbrainresearchlaboratory.org)

Perinatal mental health training The Developing Brain Institute is pleased to continue our monthly series of Perinatal Mental Health Training sessions, each offering CME credit. These monthly webinars, facilitated by the DC-wide Community Network for Mother-Baby Wellness, feature subject matter experts from Children's National and elsewhere who facilitate a discussion of compelling topics in the field of perinatal mental health care.



**DO YOU HAVE SOMETHING TO SHARE?**



Please email job postings, fellowships, awards, publications, members in the media , advocacy news, etc to [Marce@meetingachievements.com](mailto:Marce@meetingachievements.com) for future newsletters, we would LOVE to hear from you!  
**Please send all content by Thursday March 31st for the APRIL 2022 newsletter!**

## CALL OUT FOR INFORMATION: SOCIAL MEDIA ENGAGEMENT

MONA seeks to increase engagement with our membership on social media. We would like to start by highlighting the research that many of you are doing to impact parental mental health as well as connect MONA members with similar research interests.

If you are doing research and open to engaging with MONA including being tagged on posts and sharing your work, please provide us your name, IG handle, and any active research projects in the link below.

Thanks to all who are already following and engaging with us on social media! Also, if you're not involved in research and want to share your IG handle, please do!



### **MONA Members I...**

[docs.google.com](https://docs.google.com)

Alinne Barrera, PhD Professor, Palo Alto University mamababy\_lab Digital adaptations of the Mothers and Babies Course and other digital resources for preventing PPD; depression interventions for Spanish-speaking and BIPOC perinatal persons. I am currently recruiting English/Spanish-speaking perinatal persons in the US to participate in a text messaging adaptation of the Mothers and Babies Course, a prevention of PPD intervention recently recognized by the USPSTF.

## PARTICIPANTS NEEDED



## Research Study Participation for Pregnant and Postpartum People of Color

Good evening friends,

We really need your help recruiting for 3 different paid research studies for birth people and their providers! If you had a baby recently or you care for people who have babies, then you might qualify. Please sign up or share this request with others:

### **Research Study Participation for Pregnant and Postpartum People of Color**

HIPP Mom study focus on women's experiences with their healthcare providers during pregnancy or the postpartum period and their treatment for a one-time focus group interview.

To qualify for the study, you must be at least 18 years, self-identify as a Woman of Color (including Black, Asian, Hispanic/Latino/a, Native American, or mixed race), be in your second or third trimester of pregnancy OR have delivered a baby in the past 12 months, and able to speak and understand English without an interpreter. Participants will receive a \$50 gift card.

For more information, please contact us at [HIPPmomstudy@gmail.com](mailto:HIPPmomstudy@gmail.com) or call/text us at (815) 348-9109. We will follow up directly through email or phone call.

### **Research Study Participation for Maternal and Child Health Providers**

1. The purpose of this study is to explore the impact of contemporary social beliefs in simulated clinical interaction with people in perinatal period. Participating in this study will involve the completion of pre- and post-survey questionnaires and one recorded simulated clinical interaction with a patient. Contact Drs. Karen Tabb-Dina ([ktabb@illinois.edu](mailto:ktabb@illinois.edu)) and Tuyet Mai Hoang ([thhoang3@illinois.edu](mailto:thhoang3@illinois.edu)) if you have any questions about this study. <https://redcap.link/HIPP2>
1. If you are a physician, nurse practitioner, physician assistant, midwife, or doula who would like to participate in a research study about obstetric care during the COVID-19 pandemic, and health inequities please click this link: [Evaluating Lifeline for Moms \(ELM\) study](#) to learn more and to see if you are eligible.

Many thanks for your interest and for helping us fill the study slots!

Respectfully,

Dr. Tabb

**KAREN TABB DINA, PhD, msw**

*Associate Professor*

School of Social Work

University of Illinois at Urbana-Champaign

1010 W. Nevada | M/C 082

Urbana, IL 61801

217.300.0200 | [ktabb@illinois.edu](mailto:ktabb@illinois.edu)

[socialwork.illinois.edu/idea](http://socialwork.illinois.edu/idea)



# ARE YOU:

- *Of Asian ethnicity?*
- *A new dad OR partner to someone who gave birth after Jan 1, 2022?*
- *Live in Canada or the United States?*

*Complete our survey & share your experience with early parenting, well-being, and discrimination.*



## **Recruit for a New Study**

We are looking for new dads or partners of Asian descent to take part in an important study. If you are of Asian descent, are a new dad or partner of someone who gave birth to an infant on or after January 1, 2022, and live in the United States or Canada, please consider taking part in this study. You will help us better understand fathers/partners emotional well-being, instances of discrimination, and pregnancy/birth experiences during the ongoing COVID-19 pandemic. The survey takes less than 15 minutes to complete.

[tinyurl.com/AsianPartnerSurvey](https://tinyurl.com/AsianPartnerSurvey)

Regards,

**Deepika Goyal, PhD, MS, FNP**

Professor

Family Nurse Practitioner Program Coordinator

The Valley Foundation School of Nursing

San Jose State University

One, Washington Square, SJ, CA

[https://works.bepress.com/deepika\\_goyal/](https://works.bepress.com/deepika_goyal/)

## **Help Recruiting Canadian Patients**

Hello fellow MONA members,

We are seeking your assistance in disseminating the advertisements for our ongoing survey. Attached are the French and English advertisement posters: you will find PDF versions and JPEG versions. If

you could share via email and/or social media, it would be greatly appreciated!

Our target audience are Canadian persons having given birth within the past five years. Additional information is provided in the consent form available via the SurveyMonkey link.

Our research study is looking to better understand the potential relationship between an infection during pregnancy and the risk for onset of postpartum depression; knowledge about perinatal mental health resources in Canada is also sought. This survey is being conducted by Aleksandra Erak, an independent Masters student at the University of Ottawa, under the supervision of Dr. Anne TM Konkle.

If you are interested in participating in the research study or if you want more information, please follow the link to the survey here: <https://www.surveymonkey.ca/r/3SWJFCK>. If you know anyone else who may be interested in participating in this study, please share this email and/or the survey link with them.

You can also follow me on Twitter (@subfornicalorg) in order to retweet the post.

Thank you all for your assistance with this important work.

Cordially,

**Anne**

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## **NICHD WEBINAR**

On behalf of the Maternal Health Coordinating Committee (MHCC) of the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD), we are pleased to invite you to the final event of our webinar series exploring community partnerships in maternal health research. Effectively partnering with communities in research to improve maternal health outcomes and reduce disparities:

Using research to create community-centered policy

**Thursday, March 10, 2022 12pm-1pm ET**

Join us as our speakers explore ways of promoting the community voice while using research to inform policy.

## **Agenda**

**12:00 p.m.**

Welcome

**Caroline C. Signore, MD, MPH**

Deputy Director, Division of Extramural Research

*Eunice Kennedy Shriver* National Institute of Child Health and Human Development

National Institutes of Health

Panel Introduction

**Jacqueline Wallace, MD, MPH, moderator**

AAAS Science and Technology Policy Fellow, Pregnancy and Perinatology Branch NICHD

**12:10 p.m.**

**Indra Lucero, JD, MA**

Founder

Elephant Circle

**12:30 p.m.**

**Ndidiamaka Amutah-Onukagha, PhD, MPH**

Founder and Director

Maternal Outcomes for Translational Health Equity Research (MOTHER) Lab

**12:50-1:00 p.m. Question and Answer**

**Register now via the link below to reserve your spot in the final webinar of MHCC's exciting series:**

[https://survey.guidehouse.com/jfe/form/SV\\_8uGhqfLKftzbb8i](https://survey.guidehouse.com/jfe/form/SV_8uGhqfLKftzbb8i)

Workshop questions can be directed to:

Nahida Chakhtoura, MD, NICHD

[nahida.chakhtoura@nih.gov](mailto:nahida.chakhtoura@nih.gov)

Jackie Wallace, MD, MPH, NICHD

[jackie.wallace@nih.gov](mailto:jackie.wallace@nih.gov)

### **Zoom Information:**

**WHEN:** March 10, 2022 12:00 PM Eastern Time (US and Canada)

**WHERE:** <https://nih.zoomgov.com/j/1617234460?pwd=SS9jYjIjDWjBxME5xamFEaENzYnVJQT09>

**Passcode:** MHCC

### **One tap mobile:**

US: +16692545252,1617234460#, \*801150# or +16468287666,1617234460#,\*801150#

### **Telephone:**

Dial (for higher quality, dial a number based on your current location):

US: +1 669 254 5252 or +1 646 828 7666 or +1 551 285 1373 or +1 669 216 1590

Webinar ID: 161 723 4460

Passcode: 801150

International numbers available: <https://nih.zoomgov.com/u/aevJFKC6Wg>



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## MMHLA Newsletters Sign Up

**MMHLA NEWSLETTERS.** Here is a [LINK](#) to MMHLA's most recent newsletter about Maternal Mental Health: Black Women and Birthing People. At the end of the newsletter is an opportunity to sign up -- I invite you to do join. I promise not to fill your inboxes: MMHLA sends a monthly newsletter and periodic special newsletters such as this one.

Thank you!

--

*Adrienne Griffen*

Executive Director, Maternal Mental Health Leadership Alliance

[agriffen@mmhla.org](mailto:agriffen@mmhla.org) | 571-643-2738 | [www.mmhla.org](http://www.mmhla.org)

### Ian Jones 2022 Conference Video



## NASPOG CONFERENCE: April 22-24th, 2022

Registration link <https://naspog.org/Registration-2022>

### 2022 Biennial Meeting

*No Woman Forgotten: Science and Equitable Health Care for Women across the Life Span*

April 22-24, 2022

University of Michigan in Ann Arbor, Michigan

<https://naspog.org/Biennial-Meeting>

The mission of NASPOG is to promote the study and clinical application of the neurobiological and psychosocial aspects of women's health and well-being across the life span. NASPOG conducts a biennial meeting as a forum for scientific and clinical discussion with oral presentations, poster sessions, symposia, roundtable discussions and invited speakers. NASPOG's members comprise a wide range of professionals and trainees from obstetrics and gynecology, psychiatry, psychology, behavioral science, public policy, sociology, nursing, social work, public health, and law.



This year's conference, *No Woman Forgotten: Science and Equitable Health Care for Women across the Life Span*, will be held in-person at the University of Michigan in Ann Arbor MI. The meeting offers an opportunity for practitioners and scientists working in the field of women's reproductive health to come together to exchange their scientific and applied work and share a forum for discussion on how in today's world—challenged by parallel pandemics of COVID-19, racism, gender-based violence and mental health crisis—we can most effectively support women across the life cycle in wellbeing and equitable access to care.




## Marcé of North America

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The Marcé Society of North America is committed to the advancement of Clinical Care, Research, Advocacy, and Education.

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