# Marce' of North America Newsletter

May 2023











Downtown Alexandria

Westin Alexandria, VA

**Potomac River** 

#### 2023 MONA HYBRID Conference

The MONA Board of Directors is excited to announce the following 2023 Conference details: Theme:

"Emerging from the Pandemic: Equity and Innovation in Perinatal Mental Health"

Venue: Westin Hotel, Alexandria, VA

Dates: October 25-28, 2023

The conference will be offering HYBRID options with registration for In Person and Virtual available.

Members receive a 20% discount on conference registration. Please email

Marce@meetingachievements.com if you need your membership code.



### Conference Social Event: Cherry Blossom Dinner Cruise

Friday, October 27th, 2023

Boarding is 6pm, Cruise time is 6:30pm-9:30pm

Enjoy an evening cruise on the Potomac River aboard the Cherry Blossom. The Cherry Blossom is an authentic re-creation of a 19th Century Riverboat, as well as one of only 6 coast guard certified working sternwheelers in the country. A three hour open bar is included (Beer, wine, and soda) as well as a dinner of heavy hors d'oeuvres). Her two interior salons are heated and air-conditioned for year-round comfort. The open-air third deck offers a spectacular view of Old Town Alexandria and the Washington, D.C. skyline.

### REGISTER FOR HOTEL ROOMS FOR CONFERENCE

Start Date: Tuesday, October 24, 2023 End Date: Saturday, October 28, 2023 Last Day to Book: Tuesday, October 3, 2023 Hotel(s) offering your special group rate: The Westin Alexandria Old Town for 169 USD per night

### REGISTER FOR THE FALL 2023 CONFERENCE

The conference will be offering HYBRID options with registration for In Person and Virtual available.

Members receive a 20% discount on conference registration. Please email

Marce@meetingachievements.com if you need your membership code.

### **MONA Conference Scholarship**

Did you know that Marce of North America is offering a conference scholarship opportunity? Please click here to read more about it an apply!

 $\frac{https://docs.google.com/forms/d/e/1FAlpQLSflpW49BbBHfL9Yf9-em-GfENxBBhEuE7uSKt9pJHrkgQAKfw/viewform}{}$ 



## **Abstract Submissions**

Conference Abstract submissions closed on May 12th and are currently under review. Abstract Notifications will be out by the 3rd week of June! If you have any questions please email Marce @meetingachievements.com





## VOTE FOR NEW OFFICERS AND BOARD OF DIRECTORS

**LAST DAY TO VOTE IS JUNE 1st!** 

MONA is holding an election for the following positions below.

- 1. President Elect
- 2. Treasurer Elect
- 3. Board Members (3)
- 4. Community Member liaison

Voting will take place between **May** and **June 1st, 2023.** Results will be posted by **July 1st**.

Please see the link below for voting!

https://marcenortham.com/2023bodelection

#### **CAST YOUR VOTE!**

CURRENT MEMBERS PLEASE VOTE BY JUNE 1st!

#### CALL FOR PAPERS!

As Guest Editors, Drs. Jennifer Payne and Kristina Deligiannidis are pleased to announce a call for papers on Perinatal mental Health for a Special Issue for the Journal Acta Psychiatrica Scandinavica. In alignment with the aims and scope of the Journal, this special issue will focus on communicating frontline research to clinical psychiatrists and psychiatric researchers. The Journal welcomes clinical psychiatry research as well as translational (e.g. preclinical and epidemiological) research. The issue will include a combination of original research, meta-analysis or systematic review manuscripts. Please consider submitting a manuscript!

https://onlinelibrary.wiley.com/page/journal/16000447/homepage/call-for-papers/perinatal-mental-health

Jennifer L. Payne, MD Professor and Vice Chair of Research



Department of Psychiatry and Neurobehavioral Sciences University of Virginia PO Box 800548 Charlottesville, VA 22908 Phone: 434-243-0581



## MEMBER OF THE MONTH : Amalia Londoño Tobón, MD

1. What is your current professional role?

I am an Assistant Professor at Georgetown Medical Center, Department of Psychiatry, Division of Child and Adolescent Psychiatry, and Women's Mental Health Program.

#### 2. What drew you to the field of Perinatal Mental Health?

This work is very personal for me. My own family's experiences of intergenerational perinatal family mental health conditions and limited access to timely culturally sensitive treatment, drew me to focus my work on improving perinatal mental health, particularly for under-served groups including Latinx/Hispanic and Spanish-speaking populations.

These personal experiences, together with experiences in training, which was a combined program in general, child psychiatry, and research, made me realize that if I wanted to make a lasting impact on family wellbeing and mental health, I needed to understand and support family wellbeing early, during the perinatal period.

#### 3. What is your current research involvement?

As a newly minted assistant professor, my research work aims to elucidate disparities in perinatal mental health and test solutions to eliminate these disparities. I am currently establishing my research group and collaborating with leaders in the field to develop and test programs to increase access to perinatal mental health in obstetric, pediatric and primary care particularly for underserved groups. I strongly believe in collaboration as the best way to move forward our field and make a difference in the lives of those we serve.

## 4. What does a typical workday look like for you-including before and after work?

As I am currently on parental leave, my schedule is unpredictable! I have two young children: a 3-month-old boy and a 20-month-old girl. I will be starting to work again soon, and you all know how hard that transition is! It usually doesn't go according to plan. However, when I start working again, I plan to work clinically with women, children, dads, and families for two half days a week. The rest of my time will be spent in research or clinical meetings, forming partnerships with obstetric and pediatric providers, community groups, and other researchers. The majority of my time will be focused on writing grants and publications. I hope to be able to spend mornings and evenings with my children and partner.

5. What are you most excited about in your current work?

I am thrilled and grateful to be at this stage in my career, working with so many others to address many pressing needs in perinatal mental health. I am excited to work with colleagues at my institution, including those from the Women's Mental Health Program [LTA1] and the Early Childhood Innovation Network[LTA2] at Georgetown, to build strong community partnerships to co-create interventions for perinatal families.

I am also excited about collaborations through the Lifeline for Moms National Network of Perinatal Psychiatry Access Programs[LTA3], where we are thinking about how to increase equity through these and other programs. Additionally, I am thrilled about the work we are doing through MONA's Spanish Speaking Task Force, la Red Latinoamericana de Salud Mental Perinatal[LTA4], American Psychiatric Association's LaSaludMental.org and partnerships with Postpartum Support International- Español[LTA5]. There is a lot to learn from each other to further access to perinatal mental health globally.

## 6. What's one of the most important things you've learned from a mentor or role model?

"When we have policy officials invest in the problem we research- we make it a 'we' problem."

It's important to do research and increase our knowledge base. However, it is essential to ensure that government officials are aware of this research and care about the problem to have systemic investments that advance the wellbeing of families during this period. That's why I particularly enjoy advocating for maternal mental health and family mental health through amazing organizations such as the Maternal Mental [LTA6] Health Alliance (MMHLA) and Policy Center for Maternal Mental Health (2020 MOM)[LTA7]

#### 7. What are your favorite things to do outside of work?

I love going on nature walks, soaking in the sounds and beautiful landscapes. I also enjoy dancing and listening to Latin music, which makes me remember my roots and makes my soul happy.

## 8. What is the most interesting book, podcast, TV series, or movie you've encountered in the past year?

Having young children makes it difficult to do much outside of work and caring for them. I typically read practical books, and lately, I've been listening to the audiobook version of "Peaceful Parents, Happy Siblings" by Laura Markham. It's an interesting book that describes how to support healthy sibling relationships. I am also looking forward to reading our perinatal psychiatry colleague Pooja Lakshmin's new book, "Real Self-Care[LTA8]."





# Postdoctoral Position in Boston within Harvard Medical School Campus

Postdoctoral Position in Boston within Harvard Medical School Campus

Developmental Risk and Cultural Resilience Lab at Brigham and Women's Hospital, Harvard Medical School

The Developmental Risk and Cultural Resilience Lab (PI: Cindy Liu, <a href="https://www.drcrlab.com/">https://www.drcrlab.com/</a>) at Brigham and Women's Hospital, Harvard Medical School is looking to hire a postdoctoral fellow to help direct a program of research on maternal and infant/child mental health.

The postdoctoral fellow will be responsible for overseeing research activities including data collection and processing, data analysis, manuscript and grant writing, and the supervision of trainees on a perinatal cohort (PEACE Study). The ideal fellow will have a background within the fields of developmental or clinical psychology, and/or public health, and an interest in perinatal mental health and early childhood development with a track record of publications in these areas. Prior experience with survey and observational data collection of parents and young children, and in particular, behavioral coding and data analysis of longitudinal studies is required. The fellow may assist in other NIH-funded projects within the lab, as well as other projects involving perinatal cohort design. We are looking for someone who shares our lab's mission in serving underrepresented and underserved minorities through research.

The start date for this position is flexible (spring or summer of 2023). This is a full-time position with benefits. It is a one-year position with the possibility for a one-year renewal.

Those interested in this position should email a cover letter, CV, and 3 references to Dr. Liu at <a href="mailto:chliu@bwh.harvard.edu">chliu@bwh.harvard.edu</a>



## **Postdoctoral Fellowship position**

We're recruiting for a postdoctoral fellowship position that just opened up.

Henry Ford Health (Detroit, MI) and Kaiser Permanente Northern California (Oakland, CA) are jointly recruiting a post-doctoral fellow for a NIMH-supported T32 two-year fellowship with the NIMH-funded Mental Health Research Network (MHRN), to commence in the summer/fall of 2023 and take place at the Kaiser location. Aspiring independent researchers will be trained broadly in health systems/health services research with a focus on mental health conditions and services, including suicide prevention. The overall goal of the program is to support fellows in the transition to becoming independent mental health services researchers able to pursue NIMH-funding to support research within health system settings. MHRN is a consortium of 21 health systems, serving over 30 million patients using a common data system, which facilitates rigorous and reproducible multi-site studies. Individuals from historically underrepresented groups are strongly encouraged to apply. Please see the attached ad for more information.

#### Thanks!

Amy M. Loree, PhD, LP, PMH-C

Pronouns: She/Her/Hers

**Assistant Scientist** 

 $Assistant\ Professor-Research,\ Michigan\ State\ University\ College\ of$ 

Human Medicine

www.henryford.com

Center for Health Policy & Health Services Research One Ford Place, Suite 5E Detroit, MI 48202 313-874-5452 Office 313-598-0629 Mobile 313-874-7137 Fax aloree1@hfhs.org



### Full-time perinatal psychiatrist

The Department of Psychiatry at the <u>Zucker Hillside Hospital</u>, <u>Northwell Health</u> is seeking a full-time perinatal psychiatrist (Medical Director) to lead our outpatient <u>Perinatal Psychiatry Center</u>. Completion of advanced training in perinatal (reproductive) psychiatry and/or women's mental health is preferred.

The Perinatal Psychiatry Center is a growing specialty Center of Excellence at Zucker Hillside Hospital that articulates closely with our 22-bed inpatient psychiatry Women's Unit with perinatal cluster; with the Department of OB-GYN which delivers more than 37,000 babies annually (15% of all births in NY State); with Northwell's Katz Institute for Women's Health; and with an NIH-supported perinatal psychiatry/women's behavioral health research program. Furthermore, the Center works closely with emerging behavioral health collaborative care programs being integrated into Northwell's extensive array of OB-GYN group practices.

The candidate should possess exceptional clinical and interpersonal skills with a strong interest in working with the perinatal population and supervising and training medical students, adult <u>psychiatry</u> <u>residents</u> and <u>consultation/liaison psychiatry fellows</u> participating in a specialized women's/perinatal track. The Medical Director of the Perinatal Psychiatry Center will work closely with the Director of Women's Behavioral Health and other Departmental leaders to execute strategic planning in women's behavioral health.

The Zucker Hillside Hospital is located in Glen Oaks, approximately 15 miles east of Manhattan on the border of Nassau and Queens

Northwell Health is New York State's largest health care provider and private employer (with 79,000+ employees including 12,000 credentialed physicians, 21 hospitals and 830 outpatient facilities). It is the 5th largest non-profit health system in the U.S. and for the third year in a row, was named one of *Fortune's* 100 Best Companies to Work For.

Please see the attached PDF for position description and don't hesitate to reach out with any questions regarding the position or our growing Division.

Sincerely,

Counties.

#### Kristina

#### Kristina M. Deligiannidis, M.D.

Director, Women's Behavioral Health, Zucker Hillside Hospital, Northwell Health

Medical Director, Reproductive Psychiatry, Project TEACH NY Professor of Psychiatry, Molecular Medicine and Obstetrics & Gynecology, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell Professor, Feinstein Institutes for Medical Research, Northwell Health Adjunct Professor of Psychiatry, UMass Chan Medical School Glen Oaks, NY 11004

# Seeking Clinician for perinatal specialized outpatient program

The Hartford Hospital Peripartum Mood Disorders Program is seeking a clinician for their perinatal specialized outpatient program. Please see the link below and share with anyone in your network who would be interested in a Hartford, Connecticut position.

Sincerely,

Jen Vendetti

Behavioral Health Clinician (LCSW, PhD, or PsyD) - Adult Outpatient Psychiatric Clinic (Peripartum Track) in Hartford, Connecticut: <a href="https://www.hhccareers.org//jobs/10448762-behavioral-health-clinician-lcsw-phd-or-psyd-adult-outpatient-psychiatric-clinic-peripartum-track">https://www.hhccareers.org//jobs/10448762-behavioral-health-clinician-lcsw-phd-or-psyd-adult-outpatient-psychiatric-clinic-peripartum-track</a>

Jennifer Vendetti, LMSW, CEIM, PMH-C Board Chair, PSI CT Board Member, CT AIMH UConn Health Parenting/Mind over Mood 860-301-6092



### June 2023 issue of World Psychiatry.

Dear Colleagues,

Attached you will find the June 2023 issue of World Psychiatry.

You are welcome to share it with your colleagues and co-workers.

All back issues of the journal can be freely downloaded from the PubMed system (<a href="http://www.ncbi.nlm.nih.gov/pmc/journals/297">http://www.ncbi.nlm.nih.gov/pmc/journals/297</a>).

## Marce of North America (MONA) and Marce International LISTSERV

Hello Members!

As a reminder you are encouraged to use the MONA Listserv for professional advice, referrals, trainings, announcements and important topics that you would like to share with the Marce of North America Community.

You must be a member to post on the Listserv with your email registered. Once you send something to the listserv it is always held for review and approve before it is posted. You will be added to the listserv after enrolling for membership. You will have to confirm via email and opt in.

Please Email MONA@simplelists.com to send a message to the Marce of North America Listserv.

**International Marce Society Discussion List** 

To post to this list, send your message to: <a href="mailto:discussion@lsrv.marcesociety.com">discussion@lsrv.marcesociety.com</a>



## International Marce Mentorship Programme\_ Recruiting mentors

Dear Regional group members,

It has been our pleasure to work with many colleagues from the various Regional Groups over the last years of our Mentorship initiative.

We are currently recruiting clinicians, researchers, educators, advocates, and policy-makers to serve as mentors in the IMMP program for 2023. Please read the attached documents to learn more about our mission, values, and match process.

If you are interested and available to serve as a mentor, please complete the survey at

https://docs.google.com/forms/d/e/1FAlpQLSfbW0y4lJq\_g5Skg3Q LRXPnHpNCaCdvW-bu9Somv91tZ6Zgow/viewform by **May, 31st** and feel free to circulate it amongst your colleagues.

If you have questions about becoming a mentor, please contact our committee chair Rita Amiel Castro (<u>r.castro@psychologie.uzh.ch</u>). Thank you for your support.

Best Regards,

#### Rita Amiel Castro, PhD

Senior Research Associate University of Zurich Clinical Psychology and Psychotherapy Binzmühlestrasse 14/26, 8050 Zurich Switzerland



### DO YOU HAVE SOMETHING TO SHARE?

Please email job postings, fellowships, awards, publications, members in the media, advocacy news, etc to <a href="Marce@meetingachievements.com">Marce@meetingachievements.com</a> for future newsletters, we would LOVE to hear from you!

