

Marce' of North America Newsletter

NOVEMBER 2021 CONFERENCE RECAP EDITION

**THANK YOU To Our Conference Speakers, Moderators,
Attendees, and Trainees for your participation in Parental
Mental Health During Changing Times!**



Marcé
of North America

Promoting Perinatal Mental Health

Congratulations to our Award Recipients



Sandraluz Lara-Cinisomo PhD

Winner of the MONA Medal for Service



Nancy Byatt DO, MS, MBA

Winner of the MONA Medal for Research



Sheehan Fisher PhD

Winner of the Katherine L. Wisner Early Career Award



REGISTRANTS: ENJOY ON DEMAND CONFERENCE CONTENT until November 30th

Dear Registrants,

Thank you for attending Marce of North America's 2021 Virtual Conference. We hope you took a lot away from this informative conference! In the event you missed any of the sessions, you can now view all session recordings online.

Please follow the steps below:

1. Go to <https://marcenortham.redefine.meetingachievements.com/>
2. Input the same username and password you used to access the conference
3. Once there, use the "Agenda" tab to navigate to the appropriate day
4. Select the session you'd like to view and click the teal "Watch Session" button
5. Under the "Contents" tab, or off to the right hand side, click the yellow "View Archived Recording" button to watch the session


The recordings will be available until November 30, 2021, so please make sure to view them within that time frame.

HOW TO CLAIM MY CME CREDITS & COMPLETE EVALUATION

In order to obtain your *AMA PRA Category 1 Credits™* certificate, at the completion of this activity please follow these steps:

1. Sign in to Northwestern University Feinberg School of Medicine's Office of CME's website: www.cme.northwestern.edu by using the email address used to register for this activity. If this is your first time logging onto Northwestern University CME's portal, choose "Sign In with Email and Password" and then "Forgot Your Password?" An email will be sent to you with instructions on how to reset your password.
2. After you have reset your password, click on "My CME" on the top right hand side of the homepage.
3. Click on "Evaluation & Certificate". Choose the activity for which you wish to claim credit and evaluate. You will be asked to enter the number of credits you are claiming.
4. Once you complete the evaluation form, your certificate will auto-generate. Please print a copy for your records. A copy of your credits will be saved on your transcript that can be found under "My CME" then click "Transcript."

For questions regarding credit, please contact cme@northwestern.edu. CME Credits must be claimed by November 30, 2021.



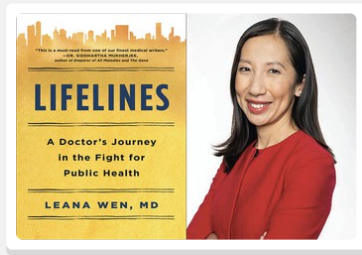
MARCÉ OF NORTH AMERICA: SUPPORT OUR SPEAKERS



Book SLides for Day 3.pdf

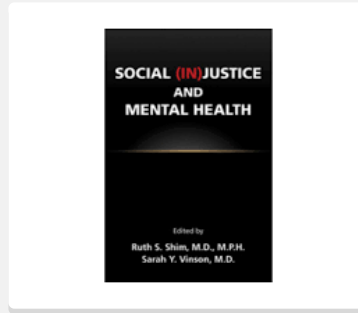
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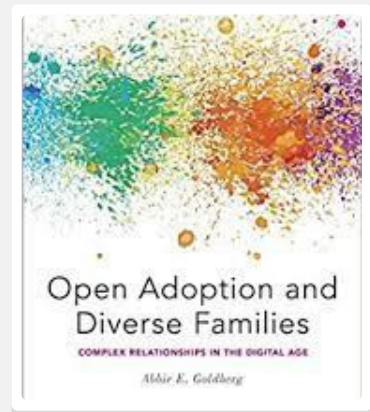
Lifelines: A Doctor's Journey in the Fight for Public Health

Leana Wen, MD
Opening Keynote Speaker



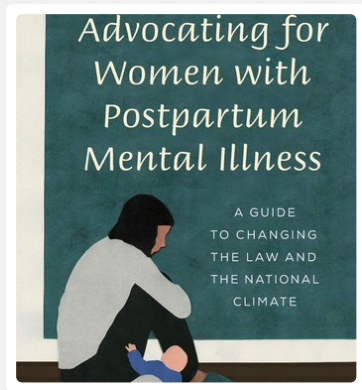
Social (IN) Justice and Mental Health

Ruth S Shim MD, MPH
Opening Keynote Speaker &
Fireside Chat



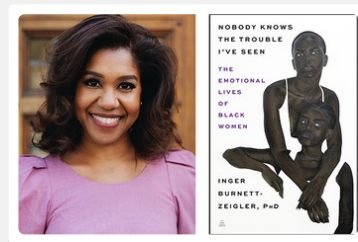
Open Adoption and Diverse Families : Complex Relationships in the Digital Age

Abbie E. Goldberg, Keynote
Speaker



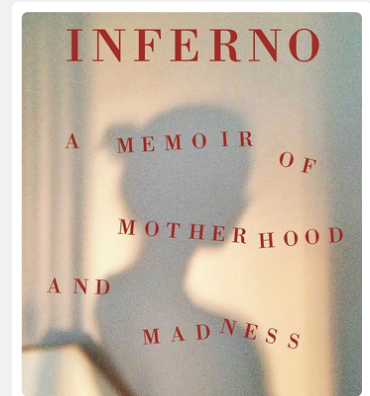
Advocating for Women with Postpartum Mental Illness

Susan Benjamin Feingold,
PsyD (Keynote Speaker)
Barry Michael Lewis, JD



Nobody Knows the Trouble I've Seen: The Emotional Lives of Black Women

Inger Burnett-Zeigler, PhD
Pre Conference Workshop
Presenter: Mindfulness



Inferno: A Memoir of Motherhood and Madness

Catherine Cho (Keynote
Speaker)



MARCE OF NORTH AMERICA (MONA) SOCIAL MEDIA UPDATES!

MONA leadership has been working on building our social media presence and we are excited to share that we recently launched an Instagram page (@marceofnorthamerica) and updated our Facebook account with new posts and content, please connect with us here:

FACEBOOK:

<https://www.facebook.com/marcenortham>

INSTAGRAM:

<https://www.instagram.com/marceofnorthamerica/>

TWITTER:

<https://twitter.com/marcenortham>

Please visit the page, follow us, and stay tuned for updates on the organization, advocacy, announcements, resources, and much more on perinatal and parental mental health.

November Paper of the Month

Overview by: Cara Kaul, MD; Psychiatry Residency Program, Florida Atlantic University, Charles E. Schmidt College of Medicine.

Mazza et al., (2021). Caring for mothers: a narrative review on interpersonal violence and peripartum mental health. *International Journal of Environmental Research and Public Health*.

<https://doi.org/10.3390/ijerph18105281>

The Problem: Intimate partner violence (IPV), which includes physical, sexual, psychological and emotional abuse, often begins or escalates during the perinatal period. IPV is linked to an increased risk of maternal mortality (both by homicide and suicide), substance abuse, peripartum depression, homelessness, spontaneous abortion, preterm birth, low birth weight, and mother-to-infant bonding failure. Screening and identification of victims of IPV is challenging and often overlooked.

The Study: This study is a retrospective narrative review of recent evidence exploring the link between IPV and mental health—namely depression and suicide—and related prevention strategies. An initial

database search yielded 447 articles. Of these, 58 had been published within the previous decade and were assessed for this review. Only peer-reviewed journal articles were considered. Retrospective and prospective longitudinal and cross-sectional studies, as well as review articles and meta-analyses were assessed. Case reports and case series studies were excluded.

The Findings: The included studies agreed upon common risk factors for IPV, poor maternal and fetal outcomes, lower rates of breastfeeding, persistent detrimental effects on both mother and child, and the need for early detection and multimodal interventions.

The peripartum period provides more frequent contact with medical professionals and thus opportunity for prevention, screening, and intervention. Younger women with less education and lower socio-economic status, as well as women of color are at greatest risk. Conditions including hypertension, IBS, fibromyalgia, and chronic pain are associated with IPV. Additional “red flags” include increased substance use, STIs, sexual problems, miscarriages, and induced abortions. There is a bidirectional relationship between peripartum depression and IPV, with IPV conferring a threefold risk of depression. Suicide risk is also elevated due to IPV.

The most effective interventions for IPV are home visitations, supportive, interpersonal, and family centered psychotherapies, with an intergenerational focus to interrupt the cycle of abuse. Computer-based interventions show promise for harm-reduction.

Comments: Intimate partner violence is a significant issue during the peripartum period. It is linked to multiple acute and chronic detrimental effects both for the mother and the child. Thus, it is imperative that providers do not overlook signs of IPV. Screening should be non-judgmental and supportive, completed in a safe and private environment, with ample time for follow-up, further interview, and referral. Time is the primary limiting factor, so adopting an integrated approach across providers may lead to improved outcomes. Future research is needed to determine the most effective screening methods and to further elucidate specific intervention strategies.



Beth Israel Lahey Health 
Beth Israel Deaconess Medical Center

Women's Mental Health Position

This is a part time position in the ambulatory setting which involves joining an expanding women's mental health service. The service focuses on women in the peripartum period, but addresses aspects of women's mental health throughout the lifecycle. Responsibilities include clinical care and teaching as well as contributing to program development and scholarly work. This position may be combined

with other opportunities on our ambulatory service, providing psychiatric evaluations and ongoing treatment in our general psychiatry clinic located within the medical center, or on our consultation-liaison service, providing consultation, teaching, and supervision on our inpatient medical-surgical floors and in our Emergency Department.

Beth Israel Deaconess Medical Center in Boston, is a 650+ bed tertiary care teaching hospital of Harvard Medical School. The Department of Psychiatry is a major teaching site for Harvard Medical School and the BIDMC Harvard Psychiatry Residency Training Program, and the position includes opportunities for teaching medical students and residents and for faculty development. The candidate will be eligible for a Harvard Medical School appointment at the rank of instructor, assistant, or associate professor, commensurate with the level of accomplishment and dependent upon fulfilling teaching requirements.

Applications are made online at www.hmfphysicians.org/careers . Please respond to requisition #210408. We are an equal opportunity employer and all qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability status, protected veteran status, gender identity, sexual orientation, pregnancy and pregnancy-related conditions or any other characteristic protected by law.

THE UNIVERSITY OF
CHICAGO
BIOLOGICAL
SCIENCES

Postdoctoral Scholarship position open in Perinatal Mental Health

The University of Chicago has an opening for a one (1) year, full-time postdoctoral scholar in Perinatal Mental Health beginning July 1st, 2022. The postdoctoral scholar will be under the supervision of Dr. Candice Norcott in the Department of Psychiatry and Behavioral Neuroscience in the Biological Sciences Division of the University of Chicago.

The Department of Psychiatry and Behavioral Neuroscience is in the thriving and vibrant community of Hyde Park and partners with the community to explore and develop innovative behavioral health interventions for individuals living on the South Side of Chicago. The postdoctoral scholarship position involves working closely with the Department of Obstetrics and Gynecology, conducting clinical research and developing expertise in delivering and evaluation interventions aimed at improving perinatal mental health.



Postdoc Position in Perinatal Mental Health.pdf

 [Download](#)

166.1 KB



Maternal Mental Health Victory

In October, there was a huge victory for recognition of maternal mental illness, and specifically postpartum psychosis.

The Illinois Prisoner Review Board returned a near unanimous ruling of 12-1 in the release of Paula Sims after 32 years of incarceration. It was a team effort w Attorney Jed Stone, Dr Diane Sanford and myself as expert witnesses answering questions from the board. There was support from her friends and other perinatal professionals that wrote letters. Paula will be freed soon and finally justice will prevail!!

Best,
Susan Benjamin Feingold, PsyD, PMH-C



MEMBERS IN THE MEDIA





Culturally Competent Therapist: How to Find a Culturally Competent Therapist Who Really Makes You Feel Heard | SELF MAGAZINE

<https://www.self.com/story/find-culturally-competent-therapist>

Deciding to [go to therapy](#) is the beginning of a monumental personal journey that puts you in a very potentially rewarding but also vulnerable position. Making this commitment as a person with a marginalized identity only increases those stakes because it requires you to drop your guard and bare the most intimate details of your life to a person who may not understand your perspective or be fully equipped to help you process your experiences.

MONA's President Crystal Clark and International Marcé Society's Past President Jane Fisher in Conversation

We are thrilled to share this conversation between MONA's President Crystal Clark and International Marcé Society's Past President Jane Fisher! Jane speaks with Crystal about her career journey, passion for research, thoughts about diversity and inclusion, and goals for the future of MONA (Marcé of North America) and the International Marcé Society.

Watch the video [here!](#)



The International
Marcé Society
for Perinatal Mental Health



The International ...

marcesociety.com



MONA's President &
International Marcé Society's
Past President in Conversation



May 2021



MONA LISTSERV

Hello Members!

As a reminder you are encouraged to use the MONA Listserv for professional advice, referrals, trainings, announcements and important topics that you would like to share with the Marce of North America Community. You must be a member to post on the Listserv with your email registered. Once you send something to the listserv it is always held for review and approve before it is posted. Please Email MONA@simplelists.com to send a message to the Listserv.

NASPOG CONFERENCE: April 22-24th, 2022

CALL FOR ABSTRACTS (See Image Below)

<https://naspog.org/Biennial-Meeting>

Registration link <https://naspog.org/Registration-2022>

REGISTER NOW
NASPOG Biennial Meeting

*No Woman Forgotten: Science and Equitable
Health Care for Women across the Life Span*

Abstract submissions due
December 12, 2021!

April 22-24, 2022

📍 University of Michigan, Ann Arbor, MI



DO YOU HAVE SOMETHING TO SHARE?

Please email job postings, fellowships, awards, publications, members in the media , advocacy news, etc to Marce@meetingachievements.com for the December newsletter, we would LOVE to hear from you! Please send all content by Wednesday November 24th for the December newsletter!




Marce of North America

 @Marcenortham

The Marcé Society of North America is committed to the advancement of Clinical Care, Research, Advocacy, and Education.

 marce@meetingachievements.com  219.465.1115

 marcenortham.com

