

# ***Marce' of North America Newsletter***

OCTOBER 2022



**Marcé**  
of North America

*Promoting Perinatal Mental Health*

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## **MONA RESEARCH TASKFORCE**

MONA's Research Taskforce will be identifying projects that can be conducted by MONA's members that will help influence the standard of maternal mental health care. Please join us!

MONA Research Taskforce being formed and first meeting will be on October 14th. Interested candidates should email [marce@meetingachievements.com](mailto:marce@meetingachievements.com)



**SAVE THE DATE!**

# JUNIOR INVESTIGATOR DAY

Nurturing Young Investigators in Reproductive Mental Health  
SCIENCE | REPRODUCTIVE MENTAL HEALTH | MOMS & BABIES

**FRIDAY, FEBRUARY 10, 2023**  
VIRTUAL FORMAT

 **Marcé**  
of North America  
Promoting Perinatal Mental Health

**TARGET AUDIENCE:**  
Assistant Professors and below,  
10 years out from terminal degree,  
including residency and fellowship

**APPLY WITH ABSTRACT SUBMISSION:**  
**OPENING FALL 2022**

## MONA JR Investigators Day: CALL FOR ABSTRACTS!

We are excited to announce the opening of submissions for the MONA Junior Investigator Day on February 10th, 2023. The focus of the MONA-JID to provide resident, fellows, and early career faculty with an opportunity to present their work, gain research skills, and have a day of mentoring with experts in the field.

Abstract submission criteria include a focus on perinatal mental health with preference given to abstracts that include preliminary data, though conceptual work will also be considered. This can include affective, anxiety, psychotic, substance use, infertility, loss, biological interventions, and clinical interventions.

MONA Junior Investigator Day will kick off with a morning of a keynote speaker and presentation, sessions on navigating research careers, as well as a career panel for all attendees. Junior Investigators chosen via the abstract submission process will participate in an afternoon of short presentations followed by small group mentoring with senior investigators. This is a unique opportunity to present, network, and brainstorm on research ideas (and how to transform them into specific aims) with leaders in the field of reproductive psychiatry.

Submit your abstract [here](#)

For Inquiries contact [marce@meetingachievements.com](mailto:marce@meetingachievements.com)

## GHP Call for papers – Perinatal Mental Health

GHP Call for papers – Perinatal Mental Health

We are soliciting manuscript submissions for inclusion in a special issue of General Hospital Psychiatry titled, “Perinatal Mental Health.” In keeping with the usual article types for General Hospital Psychiatry, we welcome conceptual manuscripts, review articles, full original research reports, or brief communications.

This special issue will focus topics related to perinatal mental health including preconception mental health, infertility, and loss. We welcome articles that focus on mood, anxiety, psychotic, or substance use disorders during the perinatal period. We are especially interested in studies or papers that focus on: 1) inequities in perinatal mental health outcomes and approaches to address inequities; 2) risk vs. protective factors for perinatal mental health and substance use disorders; 3) patient and provider perspectives on how to address perinatal mental health and substance use disorders; 4) how adverse social determinants of health impact perinatal mental health and substance use disorders and approaches to address them; and, 5) interventions focused on addressing mental health and substance use disorders among perinatal and parenting individuals, with a focus on interventions implemented in settings that have not traditionally focused on mental health.

The goal of the special issue is to shed light on perinatal mental health, with a focus on the ways in which perinatal mental health and substance use disorders can be addressed in traditional and nontraditional settings to increase access to and quality of care. It is envisioned that the collection of articles included in this special issue will provide robust support for future research on perinatal mental health access and quality and have the potential to inform healthcare practices and policies. Findings from epidemiological and clinical studies, as well as clinical trials and review papers, are welcome.

General Hospital Psychiatry is an Elsevier Journal (PubMed/MEDLINE, Scopus, PsycINFO-indexed, Impact Factor 7.587) that focuses on linkages between psychiatry, psychology, primary care, and/or acute medical illness.

The call for papers is posted here: <https://www.sciencedirect.com/journal/general-hospital-psychiatry/about/forthcoming-special-issues>

Authors are invited to submit a full manuscript, **due January 15, 2023** (an optional letter of intent can be submitted by December 15, 2022). We anticipate that the special issue will be published in the summer of 2023.

Please email with any questions: [martha.zimmermann1@umassmed.edu](mailto:martha.zimmermann1@umassmed.edu)

Sincerely,

Series Editors:

Nancy Byatt, DO, MS, MBA

Karen Tabb, PhD, MSW

María Piñeros-Leaño, PhD, MSW, MPH

Martha Zimmermann, PhD



The International  
Marcé Society  
for Perinatal Mental Health

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The International  
Marcé Society  
for Perinatal Mental Health

The International Marcé Society Conference

19th-23rd September 2022 London • UK

<https://bit.ly/Marce2022>



## Post conference digital access:

To view the virtual content that is available for 12 months (September 2023), visit this [link](#) and log in with your hopin account information.

Reminder that recorded content from LT200 on Wednesday the 21st of September, as well as symposia from the Virtual Programme on Thursday 22nd and Friday 23rd of September will be available on demand for 12 months on the Hopin platform. To access this content, please use the following link and log back into your account: <https://hopin.com/events/the-international-marce-society-for-perinatal-mental-health/registration>

## MONA SYMPOSIUM

Congratulations to Crystal Clark, Karlene Cunningham, Sheehan Fisher, Leiszle Lapping-Carr and Adrienne Griffen for their successful symposium, "DEI Efforts in the Marce of North America Perinatal Mental Health Society."





## September Paper of the Month:

### MONA PAPER OF THE MONTH

**Overview by:** Reid Mergler, MD; Psychiatry Residency Program, Tufts Medical Center.

Kim, P., Grande, L.A., Dufford, A.J. *et al.* Trait coping styles and the maternal neural and behavioral sensitivity to an infant. *Sci Rep* 12, 14373 (2022). <https://doi.org/10.1038/s41598-022-18339-w>

**Background:** After childbirth, there are several major changes for new mothers in physical, neurological, and psychosocial ways. While stress is associated with negative mood and parenting outcomes, the use of coping strategies lead to greater resilience. Certain coping strategies are more active, adaptive and effective, including cognitive reappraisal, reframing, and seeking social support. Other strategies, which are maladaptive and ineffective, involve disengagement from stressors and a more passive approach, which can be beneficial in the short-term but less effective in long-term improvement.

**Objectives/hypotheses:** The study focused on associations between trait coping style, maternal brain responses and behavioral sensitivity in a diverse sample of new mothers. In particular, the study examined the response to infant cry sounds, which elicit parenting-related brain activation. The hypotheses were: 1) a greater proportion of active vs. passive coping would be associated with better parenting-related outcomes 2) a greater proportion of active vs. passive coping would be associated with greater brain responses to infant cry sounds in regions important for motivation and emotion regulation 3) greater brain responses to infant cry sounds would further be associated with higher maternal sensitivity.

**Methods:** The sample included 77 first-time mothers with a healthy infant, ages 18-40, with a full-term birth without major birth or pregnancy complications. Participants with a history of depression or anxiety were included. Mothers with a very high income were excluded to represent low- and middle-income mothers. A total of 59 were able to complete the neuroimaging part of the study due to various reasons. Trait coping styles were assessed using the Brief Coping Orientation to Problems Experienced Inventory, which allowed for a ratio of active vs. passive coping. Depression and anxiety were assessed with the Beck Depression Inventory and State-Trait Anxiety Inventory respectively. The Parenting Stress Index was used to assess adaptation to motherhood, in addition to video-recorded mother-infant interactions which were coded for sensitivity. fMRI was used to assess maternal brain response to infant cry sounds, with both the mother's own baby cry sound and a control baby cry sound; these were both matched with white noise. Statistical analysis was used.

**Results:** In all participants, the proportion of active/passive coping styles was negatively associated with depressive symptoms, anxiety symptoms, and parenting stress. The use of more active coping strategies was associated with increased brain responses to infant cry sounds in the substantia nigra, inferior frontal gyrus, left cerebellum and the right anterior cingulate cortex. Brain response to infant cry in the right ACC was positively associated with maternal sensitivity.

**Conclusion:** The study suggests that active coping styles are associated with adaptive psychological and neural outcomes in the mothers. In addition to emotional and social support, helping mothers to use active coping styles can help promote resilience during the postpartum period, leading to empowerment and positive long-term relationships with their infants.



Trait coping styles and the maternal neural and behavioral sensitivity to an infant.pdf

[Download](#)

1.3 MB



## Screening for Depression and Suicide in Adults and Screening for Anxiety in Adults

We encourage all members of MONA to comment on the USPSTF Draft Recommendations for *Screening for Depression and Suicide in Adults* and *Screening for Anxiety in Adults* by October 17, 2022. Of note the recommendations include recommendations during the perinatal period and do not reflect the nuances of screening, treatment or risk for suicide during this critical period. In addition, the recommendations for Depression and Suicide state the following: **“Given the potential harms to the fetus and newborn child from certain pharmacologic agents, clinicians are encouraged to consider cognitive behavioral therapy or other evidence-based counseling interventions when managing depression in pregnant or breastfeeding persons.”** The MONA Board will be drafting a response letter to the USPSTF but we encourage members to individually comment as larger numbers of comments will have a stronger impact. Websites below. Thank you!

[Recommendation: Screening for Depression and Suicide Risk in Adults | United States Preventive Services Taskforce \(uspreventiveservicestaskforce.org\)](https://www.uspreventiveservicestaskforce.org)

[Draft Recommendation: Screening for Anxiety in Adults | United States Preventive Services Taskforce \(uspreventiveservicestaskforce.org\)](https://www.uspreventiveservicestaskforce.org)

Jennifer L. Payne, MD

Professor and Vice Chair of Research

Department of Psychiatry and Neurobehavioral Sciences

University of Virginia

PO Box 800548

Charlottesville, VA 22908



## **MEMBER OF THE MONTH : Reid Mergler, MD**

My name is Reid Mergler, MD.

### **1. What is your current professional role?**

I am a PGY4 Administrative Chief Psychiatry Resident at Tufts Medical Center in Boston, MA. I also am the co-founder of the National Reproductive Psychiatry Trainee Interest Group.

### **2. What drew you to the field of Perinatal Mental Health?**

As an OBGyn intern at Montefiore, I loved working with pregnant and postpartum women and yearned to hear more about their stories and help them with their mental health conditions. After speaking with reproductive psychiatrists in New York, I chose to make the switch to psychiatry and was lucky to be accepted to Tufts for a PGY2 position. During my time at Tufts, I have been able to work with pregnant and postpartum women in both the inpatient and outpatient setting which further demonstrated to me that this was my niche. I have greatly enjoyed honing my skills in residency and look forward to my future as a reproductive psychiatrist!

### **3. What is your current research involvement?**

I am currently working on a trauma-informed care project at Tufts for quality improvement. Previously, I was involved in research at Cornell University in cognitive function in polycystic ovary syndrome and at Einstein about monoamniotic monochorionic twin pregnancies.

### **4. What does a typical work day look like for you-including before and after work?**

I start out my day with coffee and a banana ginger smoothie followed by an online sculpt class or a run depending on the Boston weather! I see my outpatients, attend supervision and lectures and work on my chief resident projects, including a women's mental health didactic series. I also teach medical students at Tufts School of Medicine. After work, I am often cooking, seeing friends or reading a book!


### **5. What are you most excited about in your current work?**

I am very excited about my role in women's lives and my longitudinal relationship with my current outpatients. In training, I am able to build a foundation for my career path in women's mental health and learn skills from valuable mentors. I am eager for my next step and to continue providing care to women.

### **6. What's one of the most important things you've learned from a mentor or role model?**

My role model is a 93-year-old Grandma who once taught me that it is essential to find a job where you say "Thank God it's Monday!" As a






real estate broker until the age of 85, she embodied work life balance and being passionate about what you do.

**7. What are your favorite things to do outside of work?**

I love traveling and spending time with my family and friends. I also enjoy long walks and recently completed the 3-day 60 mile walk for breast cancer.

**8. What is the most interesting book, podcast, TV series, or movie you've encountered in the past year?**

Over the past year, I have loved the podcast "A Slight Change of Plans" by Maya Shankar. As someone who had a "change of plans" in my residency journey, it is always inspirational to hear about others' paths.





## **MONA WILL BE STARTING A PODCAST!**

The objective of the podcast will be to address an important gap in the field. Currently, there are approximately 12 podcasts on issues related to perinatal mental health, and most target mothers. ***The MONA podcast will target new and established researchers interested in learning what others are doing in the field.***

The monthly podcast will allow new and experienced researchers to hear from investigators about the latest research, challenges they encounter, tips for successful studies on perinatal well-being, how to increase research engagement, and much more. This way, listeners do not have to wait for an annual conference to learn about the latest researcher—but we could promote the conference! Also, the podcast will target aspiring researchers by distilling research, so it is accessible, exciting, and motivating. Thus, the English and Spanish podcast will focus on how perinatal research is conducted; where the research is happening (e.g., location, research setting, etc.); who is conducting it and who is included in those studies; what about the research is new and informative and what is missing; and when are studies conducted to clarify the timing of research as it pertains to the perinatal period and the investigator's career.

In other words, this new and innovative podcast will focus on perinatal well-being (i.e., psychological, physical, etc.) and the researcher. This way, the audience will learn what motivates a researcher, why the investigator decided to conduct the study, how they decided whom to include in their project—and identify who needs to be included (e.g., nonbinary birthing individuals, racial and ethnic minorities, etc.).

Podcast topics will range from community-based studies to bench science to illustrate the range of research being conducted in various settings. Because interviews will explore why a researcher decided to focus on their interests, the podcast will also allow the audience to learn about the person, not just the researcher. This information can help inspire emerging researchers.

The guests will include a range of researchers, from graduate students conducting cutting-edge research to established researchers. The target audience will range from lay listeners to longtime researchers. To ensure that diversity, equity, and inclusion are at the forefront, the research will be discussed so that anyone can understand the rationale, methods, and findings. Additionally, racial and ethnic minority investigators will be guests to ensure diversity and inclusion.

The podcasts will be transcribed and translated to ensure

accessibility. Also, because perinatal-related research occurs across the globe, and MONA represents three countries, the podcast will be hosted in English and Spanish to allow investigators from Spanish-speaking countries to listen and participate, making this unique podcast a global experience.

**We would like to kickstart this new initiative by recruiting a team to help define the discussion topics, identify guests, and help amplify the project. Interesting candidates please email**

**[Marce@meetingachievements.com](mailto:Marce@meetingachievements.com)**



## **Maternal and Child Health Journal**

We are pleased to deliver your requested table of contents alert for **Maternal and Child Health Journal**. [Volume 26, Issue 1 Supplement](#) is now available online.

Special Issue: Developing and Strengthening the Current and Future MCH Public Health Workforce: Building Capacity, Aligning Systems and Addressing Emerging Challenges



## **Assistant and Associate Professor TT positions at Palo Alto University**

### **Position Announcement**

Palo Alto University (PAU) invites applications to fill two tenure-track faculty positions in Psychology at the rank of Assistant or Associate Professor, with research, teaching, and/or clinical practice expertise in one or more of the following areas: Black and African American mental health and/or ethnic and racial minority mental health. This expertise should include an understanding of the concepts of institutional and structural racism and bias and their impact on underserved and underrepresented communities. The position(s) involve teaching courses and mentoring doctoral, master's, and undergraduate students; running an active and productive program of research that includes mentoring student research; and engaging in department and university service.



Assistant\_ Associate Professor of Psychology Job Ad  
Minority Mental Health.docx

[Download](#)

57.5 KB

## Medical Director Women's Psychiatry & Behavioral Health – Pittsburgh, PA

### Physician Recruitment

The **Allegheny Health Network (AHN), Behavioral Health Institute** is seeking a Medical Director for its Women's Behavioral Health program. Join and lead a multidisciplinary team offering a dynamic array of services: individual outpatient treatment for perinatal mood and anxiety disorders, a mother-baby intensive outpatient program, a mothers of color group, consult-liaison psychiatry, infant and toddler programming, and associated research and grant-funded program development. Assist in program development and implementation of new policies and procedures, while collaborating with Institute leadership to implement operational changes to improve patient quality and safety. Be part of a vertically-integrated fiscal and clinical delivery system that is revolutionizing behavioral health service models, providing evidence-based treatments, and measurement-based care.

CV's and direct inquiries can be sent to:

Rachel Atchison – Manager Physician Recruitment

[Rachel.Atchison@ahn.org](mailto:Rachel.Atchison@ahn.org), 412-335-0644



MD Director Womens Pittsburg.pdf

[Download](#)

148.1 KB



### Attention Social Workers!

Hello MONA Members,

We are looking to hire two social workers as behavioral care managers within an OB/GYN collaborative care program in New York. The job description is attached – look forward to hearing from any interested candidates!

Lauren M. Osborne

Vice Chair for Clinical Research

Department of Obstetrics & Gynecology

Weill Cornell Medicine

525 E. 68th St., M-706

New York, NY 10065

Phone: (212) 746-3154

Email: [lmo2003@med.cornell.edu](mailto:lmo2003@med.cornell.edu)



## University of Virginia: Recruiting Junior Faculty Psychiatrist

University of Virginia Psychiatry Department is recruiting a junior faculty psychiatrist interested in joining the Reproductive Psychiatry Research Program. The successful candidate will be mentored by Dr. Jennifer Payne and will have both clinical and research time to grow an academic career. Please contact Dr. Payne at [jjp4n@virginia.edu](mailto:jjp4n@virginia.edu) to learn more information.

University of Virginia Psychiatry Department is recruiting a junior faculty psychiatrist interested in joining the Reproductive Psychiatry Research Program. The successful candidate will be mentored by Dr. Jennifer Payne and will have both clinical and research time to grow an academic career. Please contact Dr. Payne at [jjp4n@virginia.edu](mailto:jjp4n@virginia.edu) to learn more information.



## UMass Chan Fellowship in Early Relational Health

Dear Colleagues,

We are delighted to share the Infant-Parent Mental Health Fellowship recently became part of our Lifeline for Families Center at UMass Chan Medical School. It also being rebranded as the Fellowship in Early Relational Health. The Core Faculty and Chief Faculty, Ed Tronick, of the Fellowship will continue to support an interdisciplinary cohort of Fellows in the same dynamic program – now in hybrid format - scheduled to begin in September 2022!

The [UMass Chan Fellowship in Early Relational Health](#) is an exceptional, comprehensive 18-month hybrid training program in early relational health research, theory, assessment, and relationship-based interventions. The mission of the Fellowship is to enhance the knowledge base of professionals supporting society's most vulnerable children and families, understanding cutting edge assessments and 2-generation dyadic relationship-based interventions that improve the mental health and well-being of caregivers and close the gap in young children's development and provide resilience to overcome adversities from trauma, poverty, and systemic racism. This dynamic, interdisciplinary group of Fellows learn from world-luminaries in the field in both in-person and remote learning sessions over the course of 18 months. For more information, please contact Dorothy Richardson at [Dorothy.Richardson@umassmed.edu](mailto:Dorothy.Richardson@umassmed.edu). More information is below and attached. Please also pass along to your colleagues.

Best,  
Nancy

Nancy Byatt, DO, MS, MBA (she, her, hers)  
Executive Director, Lifeline for Families Center & Lifeline for Moms Program  
Professor with Tenure of Psychiatry, Obstetrics & Gynecology and Population & Quantitative Health Sciences  
Medical Director, MCPAP for Moms  
<https://www.umassmed.edu/lifeline4moms/ERH>

## Women's Mental Health @OBGYN at Columbia University Irving Medical Center

Please see below for two open positions in Women's Mental Health @OBGYN at Columbia University Irving Medical Center. Women's Mental Health is an embedded mental health service within the department of OBGYN under the direction of Dr. Catherine Monk. We aim to address inequities in care and increase access to mental health services by providing insurance based mental health treatment to a diverse patient population across the lifespan. Our psychotherapists provide short term psychotherapy (up to 6mo postpartum) to a range of patients within the OBGYN department. Our patient population includes (but is not limited to) those struggling with PMADs, infertility, traumatic birth, and fetal anomalies. We are currently hiring two full-time clinicians to serve this patient

population, one clinical psychologist and one LMSW/LCSW or LMHC. We hope you will considering applying!

Interested candidates should reach out to Manager of Clinical Services, Kristina D'Antonio, LCSW at [kmd2223@cumc.columbia.edu](mailto:kmd2223@cumc.columbia.edu)

[Link to Apply: LMCS/LCSW/LMHC](#)

[Link to Apply: PhD](#)



UMassMed ERH Brochure.pdf

[Download](#)

462.8 KB



## Perinatal psychiatry leadership recruitment in metro NYC

Dear colleagues,

We are continuing to interview experienced reproductive/perinatal psychiatrists interested in leading our robust academic Perinatal Psychiatry Center in Queens, NY. This position includes protected time for resident education/supervision and administrative responsibilities. Please see attached, thank you so much!

Sincerely,  
Kristina

**Kristina M. Deligiannidis, M.D.**

Director, Women's Behavioral Health, Zucker Hillside Hospital,  
Northwell Health

Medical Director, Reproductive Psychiatry (PPAP), Project TEACH NY



Center Lead Perinatal Psychiatrist Recruitment in NY  
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[Download](#)

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## **Post-Doctoral Fellowship in Maternal and Child Mental Health and Integrated Care at Lifeline for Families Center at UMass Chan Medical School**


Please see the below and attached posting for our post-doctoral fellowship at our Lifeline for Families Center at UMass Chan Medical School. We welcome applications from MONA Members. Please also forward to your colleagues. Thank you!

**Jumpstart your professional career in maternal and child mental health and integrated behavioral health care with national innovators at the Lifeline for Families Center at the [UMass Chan Medical School](#).** This 2-year, research-focused post-doctoral fellowship [research-focused post-doctoral fellowship](#) provides training on integrating mental healthcare into maternal and child health care settings that have not traditionally provided mental health care. Fellows will work on projects that aim to build the capacity of maternal and child health care providers to address mental health and substance use disorders among pregnant and postpartum (perinatal) individuals and their children. Studies range from outpatient Ob/Gyn and pediatric settings to community settings and include developing, implementing and evaluating innovative approaches to increase access to care through capacity building. Fellows will work on existing federally funded clinical and implementation studies and be involved with grant submissions. Fellows also have the opportunity to work on population-based statewide programs focused on building the capacity of the medical community to address perinatal mental health and substance use disorders in Massachusetts (Massachusetts Child Psychiatry Access Program (MCPAP) for Moms ([www.mcpapformoms.org](http://www.mcpapformoms.org))) and other states through our [National Network of Perinatal Psychiatry Access Programs](#).

This fellowship will be tailored to the career goals of the individual. Fellows can opt to work on a statewide system to increase access to evidence-based trauma services and medical and community supports for children impacted by trauma and adversity and, if interested, can develop training skills in trauma-informed care and trauma-responsive practices to be able to train other providers in various settings.

Current active research includes NIH, CDC, PCORI, SAMHSA, foundation, and state funded projects. Our faculty are pioneers in the fields of psychiatry, psychology, obstetrics and gynecology (Ob/Gyn), and pediatrics, leading paradigm-shifting work focused on addressing parental and child mental health. Together, we have collective experience, expertise in parental and child mental health, and deep relationships with community partners, including medical societies and policymakers. In collaboration with these community





partners, we support fellows in developing, implementing, and testing interventions that increase access to, and engagement in, evidence-based mental health care for families. Our prior and ongoing projects focus on:

- Building the capacity of nontraditional settings and developing practical approaches to address mental health as part of perinatal, infant, and child health care, no matter what door the family enters.
- Creating feasible and scalable care delivery models, trainings, and tools for families to be supported by the professionals they present to, regardless of that professional's specific discipline.
- Doing work that is scalable, replicable, evidence based, and already implemented nationwide.
- Creating innovative solutions are driven by our research, the voices of community partners, and others' research.


Clinical activities across a range of illnesses and settings enhance the fellow's ability to integrate physiological and psychological information into health psychology treatment plans for pregnant and postpartum individuals and children, how to expand and augment integrated care. Supervisors and mentors are committed to evidence-based practice and provide supervision across a variety of empirically supported treatments, including Cognitive-Behavioral Therapy, Health Psychology, Motivational Interviewing, evidence-based trauma therapies (e.g., Trauma-Focused Cognitive-Behavioral Therapy), and mindfulness-oriented therapies. Fellows will primarily work with [Nancy Byatt, DO, MS, MBA, DFAPA, FACLP, the Executive Director of Lifeline for Families](#). The fellow will also work with other Lifeline for Families faculty including [Tiffany Moore Simas, MD, MPH, MEd, FACOG](#), [Jessica Griffin, PsyD](#), [Heather Forkey, MD](#), [Ed Tronick, PhD](#), [Dorothy Richardson, PhD](#), and Martha Zimmermann, PhD. The fellow is encouraged and supported to obtain their license after their first year of training.

#### **About UMass Medical School:**

[UMass Chan Medical School](#) and its clinical partner, [UMass Memorial Health](#), is a thriving academic health care system located in Worcester MA, about an hour's drive west of Boston. The environment provides a highly supportive home for fellows, with opportunities to collaborate with leading researchers and engage in meaningful clinical work.

#### **How to Apply:**

A **PhD or PsyD** in clinical psychology or related field and completion of an APA-accredited internship with relevant experience is required. Applications will be accepted on an ongoing basis until the position is filled. Send a detailed letter of interest that specifies the fellowship of interest and summarizes relevant experiences and career goals, curriculum vitae, and three letters of reference to [robyn.leonard@umassmed.edu](mailto:robyn.leonard@umassmed.edu) or by mail to:



c/o Robyn Leonard:

Nancy Byatt, DO, MS, MBA (she, her, hers)

Executive Director, Lifeline for Families Center & Lifeline for Moms Program

Professor with Tenure of Psychiatry, Obstetrics & Gynecology and Population & Quantitative Health Sciences

Medical Director, MCPAP for Moms



L4F fellowship 2022-09-26.pdf

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150.9 KB





## Women's Mental Health Fellowship positions at NYU Langone Medical Center

Hello MONA Members,

We are excited to announce that we are currently recruiting for two available Hello MONA Members,

We are excited to announce that we are currently recruiting for two available Women's Mental Health Fellowship positions at NYU Langone Medical Center/Bellevue Hospital.

A link to our website is included here.

<https://med.nyu.edu/departments-institutes/psychiatry/education/fellowships/womens-mental-health>

For more information about applying, please reach out to us directly or you may contact Jeffrey Sanchez at

[jeffrey.sanchez@nyulangone.org](mailto:jeffrey.sanchez@nyulangone.org) or 646-754-4836.

Many Thanks,

Cathy & Allison

[Cathy Kondas, MD](#)

Program Director, Women's Mental Health Fellowship

[cathy.kondas@nyulangone.org](mailto:cathy.kondas@nyulangone.org)

[Allison B. Deutch, MD](#)

Associate Program Director, Women's Mental Health Fellowship

[allison.deutch@nyulangone.org](mailto:allison.deutch@nyulangone.org)

A link to our website is included here.

<https://med.nyu.edu/departments-institutes/psychiatry/education/fellowships/womens-mental-health>

For more information about applying, please reach out to us directly or you may contact Jeffrey Sanchez at

[jeffrey.sanchez@nyulangone.org](mailto:jeffrey.sanchez@nyulangone.org) or 646-754-4836.



## **Women's Wellness & Counseling Service - Postdoctoral Fellowship in Perinatal Mental Health Care**

**Women's Wellness & Counseling Service - Postdoctoral Fellowship  
in Perinatal Mental Health Care**

The University of Iowa Department of Psychiatry/Women's Wellness & Counseling Service (WWC) is currently accepting applications for a Postdoctoral Fellow in Perinatal Mental Health Care for the 2022/23 training period. The WWC has the unique distinction of being the only clinic in the state to provide comprehensive, specialized perinatal psychotherapy and medication management services in an outpatient care setting. We serve women across the reproductive spectrum with a focus on the perinatal period. In addition to cutting-edge clinical services, we provide high-quality education and training to clinicians and student-learners, and design research protocols that highlight the value of our clinical and training efforts. A multidisciplinary treatment model based upon collegial and patient collaboration is our greatest strength, and we are committed to upholding optimal standards of inclusion and diversity in patient care. Clinical care initiatives include Health Psychology with the Center for Advanced Reproductive Care (hospital fertility clinic), an Inpatient Antepartum Mental Health Care Clinic, Maternal Substance Abuse Disorders Clinic, and embedded mental health care in the Stead Family Children's Hospital's Neonatal Intensive Care Unit. The fellowship year will include psychotherapy services (~60%), research (~20%), and education, training, and professional development (~20%).

Please use this link to access the full description of the Fellowship and application instructions:

<https://jobs.uiowa.edu/postdoc/view/3866>

You may also reach out to Fellowship Director Stacey Pawlak, PhD for additional information: [stacey-pawlak@uiowa.edu](mailto:stacey-pawlak@uiowa.edu)



## Weill Cornell Medical College: Infant/perinatal psychiatry fellowship

Dear all,

We are currently in the process of recruiting candidates for The Sackler Infant Psychiatry Fellowship for July 2023. The fellowship now offers the opportunity to train in **perinatal and infant psychiatry**. Please see the attached flyer and circulate to anyone who might be interested. Anyone who is interested in discussing further is welcome to reach out to me.

Thanks,  
Sudy

--

### Soudabeh Givrad

Perinatal, Infant, and Adult Psychiatrist  
Assistant Professor in Clinical Psychiatry  
Weill Cornell Medical College



## Columbia Women's Mental Health Fellowship

We are excited to be opening up applications for Columbia's Women's Mental Health Fellowship for the 2023-2024 academic calendar! The fellowship, which is a one-year non-ACGME specialty training program for psychiatrists, will provide training on how events throughout one's reproductive life cycle can influence psychiatric illness, including menstrual cycle, pregnancy, postpartum, parenting, child loss, fertility difficulties, and menopause.



Columbia University Women's Mental Health Fellowship  
2023.docx

[Download](#)  
38.8 KB

## Perinatal CBT/ERP Course

**Due to popular demand, I've added another Perinatal CBT/ERP course!**

The COVID-19 Pandemic has seen a dramatic rise in perinatal anxiety, depression, and OCD. New research shows that Cognitive-Behavioral Therapy can treat and prevent Perinatal Mood and Anxiety Disorders. Join me and learn how to use this evidence-based treatment in your work!

### Upcoming Training:

- **Thursday and Friday, November 3rd and 4th**
- **Part 1 and Part 2: CBT and ERP for Perinatal OCD.** All those who have taken the part 1 training will be eligible to join for Part 2.

- **2 day** training comprised of didactics, role plays, and group exercises
- **12 CEUs** awarded and it counts towards PSI certification
- Register [here!](#)

Thanks,

Ruthie

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*Ruthie Arbit*

Maternal and Pediatric Psychotherapist

[arbitcounseling.com](http://arbitcounseling.com)



infant psychiatry fellowship 2023.pdf

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7.4 MB



## **2023 MONA IN PERSON Conference Announcement: LIVE IN ALEXANDRIA VA**

The MONA Board of Directors is excited to announce the following 2023 Conference details:

Theme:

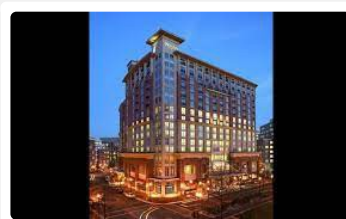
**“Emerging from the Pandemic: Equity and Innovation in Perinatal Mental Health”**

**Venue: Westin Hotel, Alexandria, VA**

**Dates: October 25-28, 2023**



**Downtown  
Alexandria**



**Westin  
Alexandria, VA**



**Potomac River**

# Marce of North America (MONA) and Marce International LISTSERV

Hello Members!

As a reminder you are encouraged to use the MONA Listserv for professional advice, referrals, trainings, announcements and important topics that you would like to share with the Marce of North America Community. You must be a member to post on the Listserv with your email registered. Once you send something to the listserv it is always held for review and approve before it is posted. You will be added to the listserv after enrolling for membership. You will have to confirm via email and opt in.

Please Email [MONA@simplelists.com](mailto:MONA@simplelists.com) to send a message to the Marce of North America Listserv.

## International Marce Society Discussion List

To post to this list, send your message to:[discussion@lsrv.marcesociety.com](mailto:discussion@lsrv.marcesociety.com)

General information about the mailing list is at:

[http://lsrv.marcesociety.com/mailman/listinfo/discussion\\_lsrv.marcesociety.com](http://lsrv.marcesociety.com/mailman/listinfo/discussion_lsrv.marcesociety.com)

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## **DO YOU HAVE SOMETHING TO SHARE?**

Please email job postings, fellowships, awards, publications, members in the media , advocacy news, etc to [Marce@meetingachievements.com](mailto:Marce@meetingachievements.com) for future newsletters, we would LOVE to hear from you!

**Please send all content by Friday, October 28th, 2022 for the November Newsletter**

# REPRO PSYCHIATRY MENTORS NEEDED

OPEN TO FELLOWS &  
ATTENDING

- FILL OUT OUR  
MENTORSHIP SURVEY  
TO JOIN!



Questions? Reach out to  
[repropsychtraineesmentorship@gmail.com](mailto:repropsychtraineesmentorship@gmail.com)

## REPRO PSYCH MENTORS NEEDED

Dear MONA Members,

We are writing on behalf of the Reproductive Psychiatry Trainee Interest Group who are working on building a brand new mentorship program for psychiatry residents interested in pursuing careers in reproductive psychiatry. As such, they are actively recruiting mentors who feel able to provide guidance to psychiatry residents interested in the field.

If you are interested, please fill out this brief form found [here](#).








## Marce of North America

 @Marcenortham

The Marcé Society of North America is committed to the advancement of Clinical Care, Research, Advocacy, and Education.

 marce@meetingachievements...  219.465.1115

 marcenortham.com

