**University of Iowa Hospitals & Clinics - Department of Psychiatry**

**Women’s Wellness & Counseling Service**

**Postdoctoral Fellowship in Perinatal Mental Health Care**

The University of Iowa Department of Psychiatry/Women’s Wellness & Counseling Service is thrilled to announce that we are currently accepting applications for 1 Postdoctoral Fellow in Perinatal Mental Health Care for the 2020/21 training period. The Women’s Wellness & Counseling Service (WWC) is the product of a unique, highly impactful collaboration between the Departments of Psychiatry and Obstetrics-Gynecology. Located at the University of Iowa Hospitals & Clinics - Iowa’s premier academic medical center - the WWC has the unique distinction of being the only clinic in the state to provide comprehensive, specialized perinatal psychotherapy and medication management services in an outpatient care setting. We serve women across the reproductive spectrum with a focus on the perinatal period. In addition to cutting-edge clinical services, we provide high-quality education and training to clinicians and student-learners, and design research protocols that highlight the value of our clinical and training efforts.

Integrated care and collegial collaboration are our greatest strengths. Our staff is anchored by highly experienced perinatal psychologists and psychiatrists but also includes doctoral-level students, resident physicians, fellows, medical students, and other clinicians. Embedded within the Department of Psychiatry, the WWC benefits from the vast resources and support of this dynamic and diverse department. This departmental support has resulted in both the tremendous growth of our clinic since its founding in 2007 and the development of/collaboration on numerous state-of-the-art, innovative initiatives including telehealth care for postpartum women, an integrative Chronic Pelvic Pain Clinic, Inpatient Antepartum Clinic, IVF psychoeducational group treatment program (CALM-IVF), and a program to offer Brexanolone (brand name Zulresso) as a medication treatment for severe postpartum depression.

The 2020/21 Postdoctoral Fellowship in Perinatal Mental Health Care will offer exceptional opportunities that will produce a highly-marketable, well-rounded graduate positioned to excel in a variety of desirable career settings. The fellowship program will include approximately 2000 hours of specialized training (including paid time off, vacation, and sick leave) in clinical psychology; 1500 hours will be supervised professional experience as required by the Iowa Board of Psychology for licensure purposes. The Fellowship is a full-time (40 hours per week) position and will include the following activities:

* **Psychotherapy Services** (~60%):
  + Care will be provided to women and/or couples who are planning to conceive, coping with infertility, or suffering from perinatal loss, women who are pregnant or postpartum, coping with PMS/PMDD or other OB-GYN medical concerns, or who are going through the menopausal transition.
  + The bulk of care will be in-person but a notable percentage will be in a telehealth format. The WWC is excited to be able to offer the Fellow the opportunity to gain experience and training in this vital, rapidly-growing form of health care.
  + Our 2020/21 Fellow will work with the WWC Director to develop a clinical care program that will enhance or extend the clinical work or training that is already being done in the WWC. This initiative will be considered their Capstone Clinical Project and will also form the basis of their Fellowship Research Project, identified below.
* **Research** (~20%):
  + In collaboration with the WWC Director, the Fellow will develop a Fellowship Research Project that will detail the impacts of their Capstone Clinical Project. The ultimate goal of this endeavor will be the submission of a scholarly product to relevant conferences and/or peer-reviewed journals.
* **Education, Training, and Professional Development** (~20%):
  + The Fellow will benefit from a variety of educational opportunities within the WWC as well as in the Psychiatry Department and larger hospital system. Activities include weekly WWC multidisciplinary team meetings/didactic seminars and Psychiatry Grand Rounds, and may include OB-GYN Grand Rounds and other hospital educational programs.
  + Training will include weekly individual supervision with the WWC Director. The Fellow may also have the opportunity to provide clinical supervision to doctoral-level psychology students.
  + The WWC encourages the professional development of their trainees: the Fellow will be allowed designated time each week to prepare for the licensing exam (EPPP), may take time off to attend professional conferences and other events, and will have the opportunity to engage with other clinicians, as desired. The Fellow will also be encouraged to present professional lectures and programs to clinic, department, and hospital staff, as well as to external agencies, when requested.

Iowa City is an attractive, family friendly, college town with abundant local and world-class cultural, theatrical and musical events, top ranked schools, and outdoor recreational attractions. The Iowa City area is often ranked as one of the most livable communities in the nation (Livability.com). To learn more about our great community please visit the Iowa City website: <https://gme.medicine.uiowa.edu/discover-iowa>.

**ADDITIONAL INFORMATION**

**Agency Type**

Academic Medical Center

**APPIC Membership**

No

**APA Accredited**

No

**Emphasis or focus area**

Perinatal Mental Health Care

**Research Time**

20% (for clinic-relevant research only)

**Training Director**

Stacey A. Pawlak, PhD

**Contact Email**

[stacey-pawlak@uiowa.edu](mailto:Benjamin.Tallman@unitypoint.org)

**Contact Phone**

319-356-2198

**Duration in Months**

12

**Hours Per Week**

40

**# of Licensed Supervisors**

1

**Number of Positions**

1

**Applications received last year**

1

**Stipend**

$50,004

**Will follow APPIC Selection Guidelines**

No

**Date offers will be made to applicants**

No specific date: applications will be accepted and interviews scheduled until the position is filled.

**Created Date**

Monday, January 20, 2020

**Fringe Benefits**

Fringe benefits are available.

**Research opportunities**

The Fellow will develop a Fellowship Research Project during the fellowship year, as described previously.

**Application instructions**

Required qualifications, application materials, process, and deadlines:

1. Completion of a doctorate (PhD or PsyD) in Clinical or Counseling Psychology from an APA/CPA accredited program and completion of an APA/CPA accredited internship prior to start date of August 2020.
2. Cover letter that describes training goals for the fellowship year, a description of ways in which your interests, training, and clinical experiences fit the mission and multidisciplinary composition of the WWC, and potential ideas for the Capstone Clinical Project/Fellowship Research Project.
3. Current CV
4. Graduate transcripts
5. Three letters of reference from a) your internship director, describing progress and anticipated completion date; b) the chair of your dissertation committee, detailing the status of your dissertation and the anticipated completion date of your doctoral training; c) a supervisor familiar with your clinical work.
6. Applications will be accepted until the position is filled. If you have questions please contact WWC/Training Director Stacey Pawlak, PhD at [stacey-pawlak@uiowa.edu](mailto:stacey-pawlak@uiowa.edu).